Practicing for Revolution & Social Change

John Scott, PhD(c) & Alex Mehling, LMHC
Introductions

John Scott, PhD(c)
- Director of Diversity, Equity & Inclusion for Seneca Family of Agencies
- Theater of the Oppressed
- Trainer, writer, educator, and clinician

Alex Mehling, LMHC
- Lead Clinician and Clinical Supervisor for Seneca Family of Agencies
- Mental health provider, supervisor and consultant for multiple charters in Seattle & Tacoma
Conversation Norms

- Respect for others
- Self-care (we won’t be offended if you need to step out and use the restroom, seriously!)
- Be curious with yourself and others
- Step Up - Step Back
  - Take risks & challenge yourself!
Movement Exercise

Vibe of the room? Depending on how many people we can alter this exercise
Who are You?

● Take 2 minutes and silently reflect on what you’re bringing into the room today

● When you heard the name of the presentation what came up for you?

Once you do away with the idea of people as fixed, static entities, then you see that people can change, and there is hope.

– bell hooks
Where are our students from?
What is Oppression?

● When you hear the word oppression - what stands out for you?
How do schools perpetuate *Oppression*?

- Article on the school to prison pipeline
- Acknowledgment
- Discussion

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It is important to understand that the system of advantage is perpetuated when we do not acknowledge its existence.

- Beverly Daniel Tatum -
RESOURCES!