There's this thing following me everywhere! That's your body!
William James, an eminent 19th-century US psychologist, noted it was impossible to find historic figures from established religions with no record of psychiatric symptoms, including Martin Luther, George Fox (the founder of Quakerism), and John Wesley.

Research psychiatrists have found that heightened perception, sudden revelations as to 'real meaning in the world', feelings of communion with the divine and exultation are common to mystics and psychotics.

HOW do people tell the difference between the genuine Messiah and a mad person?
Guilt Repression Frustration Anger Emptiness Violence Abuse Trauma Confusion Defeat
Do any of your relatives suffer from mental illness?

No.... they all seem to enjoy it!!!
My therapist told me that a great way to let go of your anger is to write letters to people you hate and then burn them. I did that and I feel much better but I am wondering do I keep the letters?
"The charges are correct, sir. The airline now charges for emotional baggage as well."
Mars Factor
Howard Hughes--the billionaire aviator, motion-picture producer and business tycoon--spent most of his life trying to avoid germs. Toward the end of his life, he lay naked in bed in darkened hotel rooms in what he considered a germ-free zone. He wore tissue boxes on his feet to protect them. And he burned his clothing if someone near him became ill.
The phobia grew so severe that it might have contributed to Hughes's increasing addiction to codeine and his reclusiveness in the two decades before his death from heart failure in 1976.

That research led Fowler to believe that Hughes's fear for his health most likely emerged from his childhood. Hughes's mother was constantly worried about her son's exposure to germs, terrified that he would catch polio, a major health threat at the time. His mother checked him every day for diseases and was cautious about what he ate.

In adolescence, Hughes was paralyzed for several months and unable to walk. After a few months, the symptoms disappeared. Fowler believes Hughes's paralysis--for which no physical basis was found--was psychologically based and an early manifestation of his lifelong pattern of withdrawing in times of stress.

Hughes's fear of germs grew throughout his life, and he concurrently developed obsessive-compulsive symptoms around efforts to protect himself from germs, Fowler notes. For example, he wrote a staff manual on how to open a can of peaches--including directions for removing the label, scrubbing the can down until it was bare metal, washing it again and pouring the contents into a bowl without touching the can to the bowl.

Ironically, Hughes ended up neglecting his own hygiene later in his life, rarely bathing or brushing his teeth. He even forced his compulsions on those around him, ordering staff to wash their hands multiple times and layer their hands with paper towels when serving his food.

Even though his obsessive compulsive symptoms fluctuated throughout his life, he seemed to be happiest and at ease when flying his planes. It’s been speculated that when he had to completely focus on flying the plane, his symptoms became less apparent.
Tesla claimed to have required only two hours of sleep a night, although he occasionally napped. He loathed jewelry and round objects and wouldn't touch hair. He was obsessed with the number three and polished every dining implement he used to perfection, using 18 napkins.

He had an intensely focused mind, an amazing eidetic (image) memory, and chronic symptoms of OCD.

He often had an urge to circle a city block three times before entering a building on that block. He counted his jaw movements when chewing food and habitually surprised dinner guests by estimating the weight of his meal before taking the first bite. When meeting people, Tesla declined to shake hands and he had great distaste for touching hair. His lifelong celibacy and tendency to seclude himself might have been OCD related, though Tesla claimed this behavior enhanced concentration on his various experiments.
Flesh and Spirit Fracture
'I didn’t want to gain the weight back': 
Shirtless Zoe Kravitz tells Marie Claire part of her liked being only 90 pounds to play an anorexic.
“Lyrical, heartbreaking, and deeply stirring!”

— Owen Gleberman, ENTERTAINMENT WEEKLY

The Horse Boy

a film by Michel O'Conno Scott and Rupert Isaacson

How far would you travel to heal someone you love?
In 1984, Koresh claimed that God instructed him to marry Rachel Jones, who was 14. Rachel was the daughter of two of Koresh’s devoted followers

After being monogamous for two years, Koresh says God told him to create a new House of David and have many wives. One of those wives became Rachel’s little sister, Michelle Jones, who was just 12.

In her testimony, Jewell described Koresh as “a man of absolute unparalleled evil intent”. She said that children on at Mount Carmel were “taught to kill themselves by putting a gun in their mouth and pulling the trigger,”
Ben Stiller
Natal Chart
Nov 30 1965, Tue
5:36 pm EST +6:00
New York, NY
40°42'51.1" 074°W00'23"
Geocentric
Tropical
Koch
True Node
I definitely lost my mind.
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