THE 28 PHASES OF THE MOON

Linda Leaman

THE 28 PHASES OF THE MOON

Some content in this presentation courtesy of The American Federation of Astrologers, publisher of Phases of the Moon by Marilyn Busteed and Dorothy Wergin.

‘The Selenic Shadowdial or the Process of the Lunation’, Ars Magna Lucis et Umbrae, Kircher, 1646

(CC BY 2.0) Paul K. bibliodyssey.blogspot.com
Calculating the Phase of the Moon

Phase of the Moon = degrees of arc from the Sun to the Moon counterclockwise.

Example:

Sun 5 degrees Leo

Moon 5 degrees Sagittarius

120 degrees = Moon Phase 10
The 28 Phases of the Moon
The 28 Phases of the Moon
The Four Critical Turning Points

Phases 1, 8, 15, 22
First Quadrant: Phases 1 - 7
Phases of the Youthful Body
• Life is an adventure – something to be tried and tasted and experienced
• Your surest guide to living is action - finest trait is natural spontaneity
• Source of wisdom is just beneath the surface of full consciousness – your best way of accessing it is through your instincts
• If you stop and analyze yourself too much, you know less than when you started
• You raise everything to a higher pitch of vibration through your warmth and restlessness
• You want to make an impact on the world, and are more concerned with that impact than with yourself
Second Quadrant: Phases 8 – 14
Phases of the Proud Heart
SECOND QUADRANT
Phases 8 through 14

• These are the phases of the proud heart
• Life is a passionate vision quest
• Surest guide to life is your personal ideals
• At times must overcome pressure to conform to existing norms
• You are creating a new unique way of being here
• Growth often comes through highly charged emotional experiences
• Penetrate the world around you in order to absorb it into yourself
Third Quadrant: Phases 15 - 21
Phases of the Creative Mind
THIRD QUADRANT
Phases 15 through 21

• These are the phases of the creative mind –
• You have an inner touchstone against which everything is measured
• If you can connect with an experience it is incorporated; if not, it is experienced as a surprise
• Your surest guide to living are your ideals, and finest trait is cooperativeness
• You make many contacts in the environment to link others together
• Increasing inner pressure to share your subjective life with others
Fourth Quadrant: Phases 22 – 28
Phases of the Emerging Spirit
FOURTH QUADRANT
Phases 22 through 28

- These are the phases of the emerging spirit – compassionate understanding or implacable regret
- Intellect as the primary tool has exhausted itself, and you begin to know that there is a truth beyond words
- Life is a quest for basic principles
- Increasingly begin to take life on its own terms
- Your surest guide to living is natural law
- Voluntary loss of ego – individual will declines in importance
Phase Numbers

Phase numbers do not indicate higher or lower, or more evolved/less evolved
IN & OUT OF PHASE

• In phase is when you are most true to who you are and what this life is about for you
• Out of phase is when you’re trying to be someone you’re not; feel stuck and don’t know how to move your energy
• You can be out of phase for an hour, a few days, even years
• It’s not as simple as good or bad. We need both – it is an essential tension.
• Yeats: in or out of phase, if either is pure, it’s a kind of evil genius
PHASE 1

IN PHASE
- Are able to unite completely with the experience of the moment
- Recognize the extreme importance that you find or create a peaceful, harmonious environment
- Your instinctive joy and unconditional love inspires others
- Radiate the unconditional love of a puppy; warmth and restlessness raises the emotional pitch around you
- Never question whether you belong

OUT OF PHASE
- Demand special attention from others
- Detach from the world around you
- Attempt to play the role of the noble loner
- Become attached to the past – looking back over your shoulder
- Arouse irritation and antagonism
PHASES 2, 3, 4

IN PHASE
• A sprouting seed filled with primordial energy – an indomitable spirit
• Increasingly in search of a direction
• Feel like a caged animal when asked to explain yourself
• Increasing desire for participation and accomplishment
• Practical wisdom based on sayings and concrete examples
• Your body is your own best oracle

OUT OF PHASE
• Morbid reflection or wistful longing for the past
• Separate yourself from your instinct and don’t trust your flashes of wisdom
• Instead of experiencing life directly, prefers to analyze, judge and even manipulate it
• May expand too much and spread self too thin
PHASES 5, 6, 7

IN PHASE
• Seek out rare adventures
• Facilitate cooperation and communication among others
• Dynamic organizing force behind groups and communication of ideas
• Mind works systematically; find the right person for the right job
• Increasing interest in “great” people/biographies

OUT OF PHASE
• Illusions of authority and try too frantically to persuade others
• Withdraw and disdainfully critical of others who are participating directly in life
• Stubborn and unapproachable
• Sentimentality and dogmatic, self-righteous anger
• Seek anonymity
IN PHASE
• Discover yourself through self-activated choice
• Crisis in action; you do not shrink from conflict
• Constantly evaluating both the urge to adapt to the world of others and your subjective impulses to become more independent and original
• Summon your courage

OUT OF PHASE
• Fear of failure
• Deny conflict or withdraw from it; live life superficially
• Seek validation from the world around you
• Remain uncommitted and carefree
• Choose the “common wisdom” instead of your own choices
PHASES 9, 10, 11

IN PHASE
• Growing sense of personal will
• Able to maintain your center amid external chaos
• Able to take leaps of faith
• Burn through traditions to find essential core
• Personal identity more important than personal comfort

OUT OF PHASE
• Adopt a counterfeit identity
• Obsessive quest for security
• Anger at the world for seeming not to support you
• Uphold the status quo
PHASES 12, 13, 14

IN PHASE

• Able to judge yourself worthy according to your own standards
• At times will abandon all for realization of a dream
• Consuming desire for self-knowledge
• Your personal destiny is of primary importance

OUT OF PHASE

• Become self-conscious and more aware of audience than message
• Passionate quest becomes quest for an ideal partner
• Rely too much on applause of others
• Become too self-absorbed
• Desire to improve the world
Charles, Prince of Wales
Natal Chart
Nov 14 1948, Sun
9:14 pm GMT +0:00
London, England
51°N30' 000°W10'
Geocentric
Tropical
Placidus
Mean Node
PHASE 15

IN PHASE
• Able to sense the whole of life and feel it within yourself
• Balance feeling and thought to perceive the truth of your situation
• Find everything within yourself except loneliness
• Act with high efficiency in your environment without ceasing to enjoy it

OUT OF PHASE
• Lose touch with your inner touchstone
• Attempt to follow external standards of order
• The world seems filled with innumerable annoying unrelated parts
• Irritable and incapable of deep thought or deep feeling
IN PHASE
• Life is an opportunity to share your inner world with others
• Exuberant and immeasurably deep in every immediate relationship
• Unusual straightforward honesty
• Increasingly seek to have your ideals manifest in society

OUT OF PHASE
• Allow disappointment to ruin a day, a month, a year
• Then withdraw into dark depression
• Manipulate others for personal assurance
• Any philosophy of individualism or personal heroics
Your wounds of love can only heal
When you can forgive
This dream.

ca 1350
Diana, Princess of Wales
Natal Chart
Jul 1 1961, Sat
7:45 pm BST -1:00
Sandringham, England
52°N50' 000'E30'
Geocentric
Tropical
Placidus
Mean Node
PHASES 19, 20, 21

IN PHASE
• Increasing engagement in the world around you
• Acknowledge personal power and take responsibility for it
• Understand that society is the source of your personal power and release it
• Able to act with full self-control

OUT OF PHASE
• Claim power for self
• Withhold power out of resentment
• Project your personal conflicts onto the world with vindictiveness
• Feign innocence and naivete
• Disobedience for its own sake
IN PHASE
• Intellect is no longer your primary tool
• Begin to look at life objectively – with humility and optimism
• Deepest commitments shift from individual to society
• Selfless generosity and expansion into group consciousness
• Able to break your own will and look honestly at yourself

OUT OF PHASE
• Dread releasing of your will and become frantic
• Illusions of persecution by others or life in general
• Distrust any change not under your conscious control
• Inflict intellectual convictions on others
• Deep frustration over obstacles to your will
PHASES 23, 24, 25

IN PHASE
• Effort and achievement, not for self, but for the world
• Increasing awareness of the truth beyond words
• Build systems and social structures that will endure
• Lead others in making reforms

OUT OF PHASE
• Personal desires are the primary focus
• Self-righteous and dogmatic; your beliefs alone are true
• Cannot bear the slightest assault on your authority or competence
• Use power for personal advantage
Mohandas Gandhi
Male Chart
Oct 2 1869 NS, Sat
7:45 am LMT -4:38:24
Porbandar, India
21°N38' 069°E36'
Geocentric
Tropical
Equal
Mean Node
Rating: B
PHASES 26, 27, 28

IN PHASE
• All personal effort ceases
• All for one and one for all
• See self as others see you
• If can get out of your own way, have penetrating insights into others and into upcoming cycles
• Accept life on its own terms
• Voluntary loss of personal will

OUT OF PHASE
• Ambition
• Self-destructive as a way to assert individuality
• Condescending rather than humble
• Judgmental and aloof
• Desire to be treated with respect and deference
• Resent life for denying you a more rewarding personal existence; nightmares
Phase 28

When the mythic spiral of time turned its beaded head and understood what was going on, it snapped.

Poem by Joy Harjo, *In Mad Love and War*, 1990
The Four Critical Turning Points

Phases 1, 8, 15, 22
Meghan, Duchess of Sussex
Natal Chart
Aug 4 1981, Tue
4:46 am PDT +7:00
Canoga Park, CA
34°N 120°44' 118°W 35°50'
Geocentric
Tropical
Placidus
Mean Node
Harry, Duke of Sussex
Natal Chart
Sep 15 1984, Sat
4:20 pm BST -1:00
Paddington, England
51°N32' 000°W12'
Geocentric
Tropical
Placidus
Mean Node
What marks upon the yielding clay? Two marks
Made by my feet, two by my daimon’s feet
But all confused because my marks and his
Are on the selfsame spot, his toes
Where my heels fell, for he and I
Pausing a moment in our headlong flight
Face opposite ways, my future being his past.

‘Images’ II  W. B. Yeats

http://www.yeatsvision.com/daimon.html
Frontispiece by Richard Olney - *The Rhizome and the Flower* by James Olney; with permission Univ of CA Books Press, Copyright Clearance Center