Isolated Moon & its Emotional Stability
At the Moon Temple Thingaloor

Komilla Sutton

www.Komilla.com
Om Gam Ganapataye Namah X 3
Sage Parasara
Guru Mantra - Prayer to the teacher

*Om Gurur Brahma Gurur Vishnu
Gurur Devo Maheshwara
Guru Sakshat Param Brahman
Tasmaye Shri Guruve Namah*

The Guru is Brahma (The God of Creation)
The Guru is Vishnu (The God of Sustenance)
The Guru is Shiva (The God of Destruction)
Navagraha

Navagraha Shrine, Thingalur, Tamil Nadu India
Prayer to Nava Grahas

Om Brahma Murari Stripurantkari
Bhanu Shashi Bhumisuto Budhasch:
Gurushch Shukra: Shani Rahu Ketava
Sarve Graha Shanti Bhavo
Om Shukra Namah
Isolated Moon & its Emotional Instability
• The Moon, as the significator of the mind is the most important planet.
Moon

- deals with Sukha, contentment, mother, food, emotions, peace of mind, our ability to love and be loved and feel supported.
- Health of the natal Moon is crucial for personal happiness.
• It is important to learn to cope with the Moon.

• All of us have some of the emotional instability as the Moon is unsteady and changeable by nature.

• It waxes and wanes, changes nakshatras daily and never comes back to its position in the same way.
• If Moon becomes isolated in the chart, it can create emotional instability and loneliness.
Isolated Moon

• Moon is considered isolated if it has no planets either side of it or in conjunction.
Isolated Moon

- Sun, Rahu, Ketu, do not provide support to the Moon
- Sun conjunction means the Moon has weak light and is mostly or fully hidden
- Rahu Ketu will disturb the Moon and therefore will aggravate it, rather than support it.
Support to the Moon

• Comes by it having planets either side of it or
• Being part of astrology yogas which support the Moon and therefore the mind.
Yoga from the Moon

• Can support the Moon and help it deal with all its trials and tribulations
• Or can give major emotional blocks – unsettling influences and loneliness.
Support Yoga for the Moon

- Adhi
- Gajakesari
- Amala
- Anapha
- Anapha
- Sunapha
- Durudhura
Challenging Yoga for the Moon

- Sakata
- Kemadruma
- Papakartari or Papa Durudhura
- Pravrajya Yoga
Challenging Yoga for the Moon

• We are going to concentrate on Kemadruma Yoga
• The yoga of isolation
• It is quite common to have and is not often understood properly
Kemadruma yoga

- Is a personal quality that needs to be understood
- It effects the mind and emotions
- Therefore important to learn a few key ways to deal with it too
Kemadruma Yoga Rules

- There are three important rules of formation of the yoga.
1. Kemadruma Yoga Rules

- The absence of planets on either side of the Moon
- Kemadruma yoga is caused when there is no planet in the second or twelfth house from the Moon. This shows the lack of support to the Moon. Moon, as the significator of the mind is important in controlling the quality of life.
2. Kemadruma Yoga Rules

- No planets in Kendra from the Moon
- 1\text{st}, 4\text{th}, 7\text{th} and 10\text{th} houses from the moon should have no planets
2. Kemadruma Yoga Rules

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- 1\(^{st}\), 4\(^{th}\), 7\(^{th}\) and 10\(^{th}\) houses from the moon should have no planets
3. Kemadruma Yoga Rules

- *Rahu Ketu and Sun are not taken into account*
Bob Marley, 6 Feb 1945, 2:30am St. Ann’s Bay, Jamaica
Kemadrumpa Yoga – Meg Ryan

Meg Ryan, 19 November 1961, 10:11am Bridgeport CT USA
Kemadrumpa Yoga - USA

USA 4 July 1776, 18:24, Philadelphia, PA
Kemadruma Yoga - USA

USA 4 July 1776, 18:24, Philadelphia, PA
Impact

• They can feel lonely and alone despite being in company.

• They can blame others, specially family for not bothering about them so tend to move away from them.
Impact

- Depends on how you manage the yoga too.
- There are certain tendencies but by being aware and managing them, helps
- One can be totally out of balance or a great Yogi
Impact

- The mind can swing from one idea to another
- One direction to another
Impact

- It can take you to be so off the path you originally has chosen.
- This is a yoga of dis-harmony.
- Very easy to get imbalanced.
Kemadruma Yoga

- When there are no planets on either side, the mind can be difficult to discipline. The individual feels isolated and alone even if they are in company.
- They can be mavericks and different from those around them.
Kemadrura Yoga

- Due to the lack of support emotionally, they can take decisions that can be counter productive and lead to immense problems.
Kemadruma Yoga

• There is sense of isolation and aloneness
• Often they tend to isolate themselves from family.
Kemadruma Yoga with Rahu/ Ketu

- Company of Rahu Ketu does not help the moon.
- They are shadows so increase the fears and anxieties and give into loneliness even more.
- They do not cancel the Kemadruma yoga.
Kemadrumpa Yoga with Rahu/ Ketu

• Rahu Ketu are enemies of the Moon and when they conjoin Moon – they aggravate the Kemadrumpa Moon even more.

• Rahu Moon is also Rajayoga bhanga and if the Moon is isolated to begin with – it adds immense pressure
Kal Sarpa and Isolated Moon

• Kal Sarpa takes places when planets are hemmed in by Rahu Ketu.
• When Moon break this yoga, it isolates the Moon.
• Moon has added responsibility to support the other planets yet, it is troubled itself.
• So supporting the Moon though yogic remedies is very important
Kal Sarpa and Isolated Moon

- Even if we do not have isolated Moon in our chart we can experience it – when Kal Sarpa grips us by transit.
- 2016 and 2017 – transit charts
Kal Sarpa and Isolated Moon

Pre-USA Election 2016

Pre-Election 19 October 2018, Brentwood, CA
Dasha of Moon for Kemadruma

• can be very troublesome
• Make them take decisions that are not based on practicality
• In extreme cases - their choices can take from success to failure.
• They can isolate themselves – lack company
Kemadruma Yoga Cancellation

- Moon in Kendra from Lagna
- Moon is exalted
- Planets in 2 and 12 from Moon
- Planets in Kendra from Moon – Mars, Saturn, Venus, Jupiter and Mercury
Kemadruma Yoga

- Even when there is cancellation of the yoga – I still pay importance to the isolation of the Moon as it will have an impact on the personality.
Timing - Kemadruma Yoga

- Is experienced during the dasha of the Moon
- Or bhukti
- USA – Moon dasha most destructive for it
Timing - Transits

- When tough transits are experienced, then the isolation gets highlighted.
- Sade Sati, eclipses, general tough transit times are negative to
Vinod Khanna, 6 October 1946, 21:15, Peshawar, Pakistan
Quality of houses

- Depends on the strength of its lord.
- Strength and weakness of planets will further show how the planets placed in the houses will express themselves
Remedies

• Sadhana – regular practice, regular spiritual practice
• As Kemadruma is so unsettled we need to have a settled life.
• Some aspects of life should have regularity.
• Should avoid chopping and changing life- whether it is career, personal life, habits, if you take on commitment try to finish it, relationships
Remedies

- Mantra is the best remedy.
- Simple life full of yoga and sattva
- Avoid embracing pressures
Remedies

• Kemadruma yoga people crave solitude,
• However this is not always the best solution for them
• In their craving of solitude, they can at times get so alone, that the mind starts playing tricks on them
Remedies

• They should both make time for alone time as well as plan to be with others.
• Too much aloneness is negative
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