This handout is a brief introduction to the topic. The lecture will go into more depth about working with the natal phase and its relationship to the current progressed phase, using client and famous charts as examples. The lecture also includes the likely karmic reasons for birth Lunation phase, and strategies for healing and balancing each phase.

If you attend the lecture (Monday 11 am) you will also receive a free coupon to the online course on Lunation Cycles, with written and audio materials and all of the charts connected to the analysis.

- Lunation phase pre/at birth sets a tone/instinctual pattern related to the relationship between the Sun (identity/power/self-image) and the Moon (mood/memory/security)
- Progressed phases indicate important cycles of change, evolution and maturation
- progressed phases may be in harmony or challenging to the natal inner wiring
- We can track “New Moon of the Soul” cycle shift every 30 years, quarter and intermediate changes as well as sign and house changes and even monthly alignments.
- Each phase asks us to work through challenges to be in harmony with emerging energies
- I find the shifts are not exact. One year before a shift and up to a year later. Grey zone.
- Progressions, especially Lunation Phases, are relevant after death
- There is a similarity to Lunation Cycles and Lunar Nodes. Both connect to Sun/Moon dynamics, karma, intent and healing strategies to evolve.

New Moon: The Legend or Living Symbol (0-45 degree): instinctive, youthful, personal, initiating, charismatic, naive, leadership

STRATEGIES: Grounding activities, mature wise mentors, Developing intuition
Examples: Sigmund Freud, Elvis Presley, Richard Branson, Georgia O’Keefe, Rajneesh

Waxing Crescent: The Extremist (45-90 degrees): strong drives to accomplishment, urgency, presence, a more mature version of the New Moon. Teenagehood is a good metaphor,

STRATEGIES: Learning to let go, to trust and surrender. Listening skills
Examples: Eckhart Tolle, JRR Tolkien, Dalai Lama, Warren Buffet,

First Quarter: The Crusader (90-135 degrees): Tension, message, struggle, testing, Idealism vs Reality, Justice

STRATEGIES: psychosynthesis sub personality work — connecting compassionately to inner parts so the outer struggles are softened. Balance taking a stand with compromise
Examples: Jerry Brown, Carlos Casteneda, George W. Bush, Shirley MacLaine

KayTaylor.com kaytaylorwisdom@gmail.com
Waxing Gibbous: The Helper/Lover (135-180 degrees): service, group ideal identification, teamwork, generosity, partnership, sexual, romantic, devotion to cause
   STRATEGIES: Conscious self-centeredness, inner worth, partner discernment
   Examples: Aleister Crowley, Bill Gates, Paris Hilton, Catherine Zeta-Jones, Janis Joplin,

Full Moon: The Human Being (180-225 degrees): (Radiance), Committed involvements, Art & creativity manifested, Balance of light and dark, Marriage & Divorce, Pros and Cons of Family life, culmination and let-down,
   STRATEGIES: Trust in your mission — you’re here to accomplish. Forgive imperfections. Enjoy the climb. Accept the letdown of achieving goals as natural.
   Examples: Michael Jackson, Gabriel Garcia Marquez, John Travolta, Dr. Dre (long list)

Waning Gibbous: The Shaman (225-270 degrees): Surrender, inner work, death, dying and rebirth, Psychic/other world experiences, loss of self-importance
   STRATEGIES: Find spiritual path/teachers without feeling you must give up worldly life. Accept need for career accomplishments and security. Keep going.
   Examples: Carl Jung, Mother Theresa, Adolph Hitler, O.J. Simpson, Vladimir Putin, Princess Diana, Jimi Hendrix, Tupac,

Last Quarter: The Pilgrim (270-315 degrees): Romantic tragedy, Art as therapy, endings, deepening spiritual longing, recognition of death/endings, inner world gains, wise but tired
   STRATEGIES: Saturn healing: Releasing judgment, continuation and completion, even with obstacles,
   Examples: Pema Chodron, Fritz Perls, Obama, Ghandi, Oprah Winfrey, Mick Jagger

Waning Crescent (Balsamic): The Ghost; The Mystic Wanderer (315-360 degrees): psychic sensitivity, hypersensitive, creative/visionary, spirit connections, inner life, retreat
   STRATEGIES: Nervous system healing, accept, honor and protect sensitivities, time for retreat and contemplation. Do not compare yourself to worldly others.
   Examples: Deepak Chopra, Frida Kahlo, Bob Dylan, Tiger Woods, Dane Rudhyar

Gratitude & Reading List for more information
   Dane Rudhyar: The Lunation Cycle
   Steven Forrest: The Book of the Moon

Chart examples: