Patterns and Healing

Jane Ridder-Patrick PhD
Framework of Medical Astrology

PLANETS = ACTION

SIGNS = WHERE & HOW

ASPECTS = MODIFICATIONS OF ACTION

HOUSES = CONTEXT

TRANSITS = WHEN
Sign Correspondences

- Aries  Head & Face
- Taurus  Neck & Throat
- Gemini  Shoulders, Arms, Hands
- Cancer  Breasts and Stomach
- Leo    Heart & Back
- Virgo  Small & Large intestines
- Libra  Kidneys
- Scorpio  ‘Secrets’
- Sagittarius  Hips and Thighs
- Capricorn  Knees
- Aquarius  Lower leg
- Pisces  Feet and Ankles
Planetary Symptoms

- **Mars** produces inflammation, heat, reddening, rashes, itching, over-activity
- **Jupiter** enlarges and brings extra blood
- **Saturn** cools, slows down, shrinks, constricts, hardens and materialises
- **Uranus** disrupts and can cause spasm & cramp via lack of coordination
- **Neptune** creates weakness, permeability, allergies, fungal infections and vague or hard to diagnose conditions
- **Pluto** produces toxic, life-threatening, eliminative and transformative conditions, including replacement parts – transplants and prosthesis
Examining Symptoms

What is the MATTER?  EARTH

What FEELINGS are aroused?  WATER

What THOUGHT PATTERNS?  AIR

What is the MEANING?  FIRE
Renee - Crohn’s Disease
Crohn’s Disease – Gut
Mutable Cross

Virgo
Digestion & Immunity & Anxiety
Work

Gemini
Breathing Asthma
Communicating

Sagittarius
Locomotion
Belief / Trust

Pisces
Allergies, autoimmune disorders
Connection to universal
Renee’s Timeline

Neptune square Sun 1997

Marriage

Plu, Ura & Sat thru T-cross 1996 – 2007

Started getting really ill in 2003

Ileostomy December 2004

T-Cross transits finished 2007

Reversal of the ileostomy

Saturn Conjunct Asc 2009

Divorce
Crohn’s Disease
Sir Gawain and Lady Ragnell
Freddie - Meanings

elf or magical counsel
holy, blessed reconciliation
peaceful ruler
joy and peace
Dialogue with Freddie

What he wants:
To be loved & protected

What he offers:
Freedom from the demands of others

First steps:
Breathe, Be, Be aware
Aye, Aye

• Aye, aye, sir [following authority’s orders]

• Eye, eye [vision & seeing]

• I, I [identity and uniqueness]
Ground-rules for visualisation

• Take first thing that comes up no matter how weird or seemingly trite

• Don't censor what’s coming up

• Take time to examine it carefully

• It may change and evolve as you work with it

• Write down the details immediately afterwards
Dialogue with symptoms

1. Take awareness to location of symptom
2. Image of the symptom
3. Name
4. What it wants
5. What it needs
6. What it has to give
7. Any further messages
Natural Health

Fire
- Ingest Sun energy – Whole Foods
- Small amount of sunshine on skin
- Vocation

Air
- Clean Air
- Mental stimulation

Earth
- Healthy Routines /Rituals
- Body care

Water
- Community
- Hydrotherapy
Mutable Remedies

- Emotional Freedom Technique (Tapping)
- Slowing breathing, especially the out-breath
- Eating in a relaxed state and chewing food well
- Massage & especially foot massage
- Cold water – showers, baths, drink it, hydrotherapy
- Throat stimulation – singing, humming, chanting – even gargling
- Yoga, Tai Chi, Acupuncture, Meditation
- Laughter
- Intermittent fasting
Epilepsy

Epilepsy is a neurological disorder caused by malfunctioning of nerve cells in the brain which leads to abnormal electrical activity there.
Keith’s transits 1999-2001

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Webinars & Courses etc

Many thanks for attending my workshop.

If you would like to be kept informed about any of my publications or webinars or courses I’m giving please do get in touch with me at

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