In its noblest sense, the purpose of the practice of Astrology is to restore connection where there has been estrangement…. From Oneself, from Nature and the Cosmos itself. Not only to bring collective cohesion, one human psyche at a time, but to also rekindle individual faith in a benevolent, harmonious and synchronistic universe…

In a world where estrangement is the norm, to restore connection to a personally meaningful Universe….. is a profound act of service.
Sigmund Freud’s Ideas Illustrated via the Iceberg Metaphor

- **Daytime** (Rational)
- **Twilight**
- **Nighttime** (Irrational)
Engaging Imagination with Experiential Techniques

Imagery / Active Imagination / Journeying

Gestalt / Dialogue

Psychodrama / Astroodrama

Story Telling

Ritual
“Imagination is more important than knowledge. For knowledge is limited to all we now know and understand, while imagination embraces the entire world, and all there ever will be to know and understand.”

Einstein
Focus and State Intention, Question or Problem

1) Evoke the image (dream or otherwise)

2) Get into the image (Gestalt – become the image/ or dialogue)

3) Let the image/scene come to life

4) Let the image take your conscious mind somewhere

Twilight Consciousness means……………

Don’t analyze till later

Conscious mind relaxes and remembers (records)
More advanced - Working with Imagery

1) Invoke the Image
2) Thank it for coming
3) Ask the Image what it wants to show you….
   wants you to know?
4) Let the Image ‘come to life’…Journey with it (or become it)

At the end ................

5) Is there anything else you want me to know?
6) Thank the Image and ‘beings’ (animals…etc…) that came to help
7) Ask if it/they want anything from you?
Storytelling
Ritual