Breaking the cycle of child abuse through training, education, and public awareness.

Programs offered by Prevent Child Abuse Utah

School Personnel Training Sessions
Training is available for school personnel on signs, symptoms and dynamics of child abuse; where to report child abuse; child abuse reporting laws.
- 30-60 minute training

School-Based Child Abuse Prevention Programs
School-based child abuse prevention programs deal with all aspects of child abuse: sexual, physical, emotional and neglect. The program consists of classroom discussion, visual aids, and videos. The program has specific core curriculum objectives which increase students’ knowledge of what constitutes child abuse, teaches students why, where and how to report child abuse and educate students about community resources and to whom they can talk to if they or someone they know is being abused. The Utah State Office of Education, Attorney General’s Office, Division of Child and Family Services, law enforcement and local school boards have approved the curriculum.
- Two-Days
- Time varies according to grade (30-60 minutes per day)

Bullying Prevention Program for Elementary School
Our bullying program is designed to empower children to stand up to bullies, as targets of bullying, but especially as witnesses. The prevention specialists will discuss who a bully is, various types of bullying, and how to stand up to a bully (safety rules) through a presentation that includes a self-esteem activity, stories, scenarios and, if time permits, games as is age-appropriate.
- One day
- Time varies according to grade (30-45 minutes)

Bullying Prevention Program for Secondary School
This interactive PowerPoint presentation is designed for secondary students. It defines five types of bullying including physical, verbal, emotional, sexual, and cyber. The prevention specialists offer suggestions on how to recognize, resist and report all types of bullying and steps to take as a witness of bullying. Students are able to participate in activities, discussion and viewing video clips.
- One 45-minute presentation

Healthy Relationships
The Healthy Relationships presentation is for secondary school students. This interactive program makes teens aware of the warning signs of a violent or controlling relationship and helps them understand how they can have a healthy, positive dating experience. Video clips, news articles and real life examples are used to help illustrate the different ways that someone can have power and control over another person.
- One 45 minute presentation

Shaken Baby Syndrome Program
This program focuses on a particular form of physical child abuse. It is important for secondary students to understand appropriate coping skills in dealing with babies and that shaking can lead to serious injury and even death. The video documentary, “Elijah’s Story”, is used in this presentation. The video follows the family from the birth of Elijah to the 911 emergency call and through the sentencing hearing.
- One 45 minute presentation

Protecting Utah Kids—An Internet Safety Program
This program uses the NetSmartz interactive curriculum to teach students how to use the Internet safely. The Internet safety lesson is followed up with teaching students the 3 R’s, Recognize, Resist, and Report to help protect them both on and off the Internet. This program uses real life stories about children and teens who have been approached on and off the Internet and discusses the importance of keeping personal information personal and who and where to go if help is needed.
- One 45-60 minute presentation according to grade
- Third—Twelfth Grades

Prevent Child Abuse Utah is an approved provider for the Child Sexual Abuse Prevention Education Law (HB 286).

To schedule programs please contact Mallorie Mitchell at Prevent Child Abuse Utah at 801-393-3366 or mallorie@pcautah.org