Train the Trainer Workshop – How to prepare and conduct a Standards & Indicators Assessment of Hospital Injury Prevention Programs

Learning Objectives
Introduce IVP professionals to the Hospital IVP Standards and Indicators and the corresponding assessment tools.
Outline the five systematic steps for planning and executing a Standards and Indicators assessment.
Create new instructors that will be capable of conducting successful training events in their own states.

Statement of Purpose
Safe States, developed a set of standards and indicators (S&I) for injury and violence prevention programs (IVP) at Level I & II trauma centers to improve alignment and collaboration with public health efforts. Five core components: leadership, data, resources, evidence-informed strategies, and partnerships were established to provide standardized guidance to improve hospital-based IVP programs. Assessment tools were developed to assist in the application of the S&I. The tools were trialed at a conference workshop and voluntarily piloted at four Level I trauma center IVP programs to determine consistent application. The tools were revised using formative evaluation and now include a series of five systematic steps and an assessment planning guide. In an effort to continue strengthening the field and expanding programs, the next step is to train IVP professionals to guide the use of the S&I and assessment tools within their state and local hospital systems and ensure consistent, widespread adoption.

Methods
To ensure consistent application of the S&I across hospital-based programs nationally, this training will guide future instructors through five, systematic steps for training other IVP professionals. The training introduces the S&I, outlines the assessment process, explains the five assessment steps, explains the proper use of the individual assessment tools, and provides general facilitation tactics and resources that will help new instructors conduct a successful training event of their own.

Results
The training team has conducted two trainings. Approximately 100 hospital IVP professionals have been trained and over 1,000 IVP professionals have been introduced to the S&I through webinars, presentations, and meetings. However, a more concerted effort is necessary to train individuals to replicate the training for professionals in their own states. Train the trainer workshops will increase the ability to further roll out this information at the state and local levels.

Conclusions
Adoption and use of the S&I within trauma center injury programs is important. A train the trainer workshop will build knowledgeable teams in each state, capable of teaching hospital IVP professionals how to conduct assessments to expand or strengthen their IVP programs. This training aligns efforts and improves a system to ultimately reduce the burden of injury and violence.

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Ms. Stephens-Stidham is a past-president of the Safe States Alliance. She served as co-chair of the National Training Initiative for Injury and Violence Prevention (NTI) and served on the committee that developed core competencies for injury and violence prevention professionals. She chairs the Texas Governor’s EMS & Trauma Advisory Council (GETAC) Injury Prevention Committee. She is a member of Safe States Alliance, American Public Health Association, and Society for the Advancement of Violence and Injury Research. She is also a co-founder of the Texas Injury Prevention Leadership Collaborative.