YOU ARE CORDially INVITED TO THE REA
SUNDAY MORNING INTERFAITH
YOGA NIDRA/SOUND BATH MEDITATION SERVICE
AT 11-11:45 AM, LAKE AUDUBON
FACILITATED BY ROBERT LEE
FROM HUMAN ACTIVATION
HUMANACTIVATION.COM

DC award-winning sound frequency specialist Robert Lee from the Human Activation School will be offering the ancient sounds of antique Tibetan singing bowls. Robert also serves as a one-on-one private facilitator for Human Activation's Pathway of Liberation. From meditation facilitation ranging from local community churches, to corporate consulting and facilitation for strategic planning and regular company re-alignment for consistent cohesion and growth, Robert has worked with companies such as CareFirst BlueCross BlueShield and the Park Hyatt Washington D.C., as well as doing many volunteer efforts in the community such as working with the Boys & Girls Clubs of Greater Washington. www.humanactivation.com