Objective

To develop and conduct pre- and post-evaluation surveys to examine the impact of summerlunch+ (SL+) on food literacy among staff, campers, and counsellors.

Background

• SL+ provides nutritious lunches and food literacy to children and youth in four distinct neighbourhoods in Toronto
• Evaluations were previously completed, but were not focused on the various aspects of food literacy

Methods

• Pre- and post-surveys were developed to assess the impact on the food literacy of:
  • Program staff (S)
  • Counsellors (Co)
  • Campers (Ca)
• Camps:
  1. The Neighbourhood Organization
  2. Alexandra Park Community Centre
  3. Toronto Kiwanis Boys and Girls Club
  4. John Innes Community Recreation Centre

Results

<table>
<thead>
<tr>
<th>Total Number of Counselor Surveys</th>
<th>Total Number of Camper Surveys</th>
<th>Under 7</th>
<th>7-10</th>
<th>11-14</th>
<th>15-18</th>
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</table>

Table 1: Number of counselor and camper pre-surveys conducted

Discussion

• Modifications are needed for some survey questions
• A standardized approach should be used to conduct the surveys across all sites
• Revision to camper survey is needed to improve engagement and understanding

Conclusion

• S, Co, & Ca benefit from SL+
• Surveys and preliminary results highlight how SL+ can improve food literacy
• SL+ should continue to improve upon its evaluation process for 2019

References