Finding Your WHY

A Team Approach to District Continuous Improvement

Presented by the Farmington School District
November 2019
WELCOME ALL

- Dr. Ashley Krause, Associate Superintendent
- Mrs. Haley Baker, Physical Education Teacher
- Mrs. Amy Gerstner, Health and Physical Education Teacher
Houston, we have a problem!

The Bottom Line

Physical education is critical to the education of the total person and requires a quality program taught by physical education specialists.
Farmington R7 School District @ a Glance

- 8 Campuses (Including Alternative School)
- 4,018 Students
- 338 Certified Staff Members
Session Objectives

➔ Farmington School District’s journey with physical education, health and wellness- where we started & where we re going
➔ View of the how we began
➔ View of the path we took to get there
➔ Goals for continued growth
Began our summer book study SPARK-The revolutionary new science of exercise and the brain. -John J. Ratey, MD. (University course credit offered.

- Book Talk Kick Off
- Book Talk Example
- Book Talk Example

Current Philosophy and Common Understanding

Vertical Discussions and Awareness-Agenda
Self Assessing Survey given- Changing Your Building Culture on Physical Education

Retreat Professional Development-KIND, SMART and IMPORTANT
Thanks for the learning experience Tuesday! I had a great time. Please see 5 attached docs and slides sent by Brent. I have been in contact with him through email. We will bring him back. Look for a google form or doc in the next few days to start prioritizing our needs. STEP ONE: I want you to inventory your equipment and begin thinking of a logical way to keep order. We will dig further into needs our first 1/2 day PD the early part of September. Be sure you have accepted google calendar invites or have looked at the year long PD doc housed in classroom and plan to be there until 3:00 on those days. See you soon. AK

<table>
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<tr>
<th>Ashley Krause</th>
<th>Aug 16, 2018</th>
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Physical Education for Lif...  
Google Slides

Physical Best Intro Final A  
Google Slides

Current Issues and Trend...  
Google Slides

Effective Instruction in K...  
Google Slides

Professional Development...  
Google Docs
-> Essential Components of Physical Education
Policy & Environment . Curriculum Instruction . Assessment

-> A visit from DESE and HEART ZONES
  - Title IV ESSA funds-fact sheet

-> Home Visits and Connections
The FSD Journey

Board Meeting Presentation and discussion of WSCC introduction

District Wide ALL STAFF wellness day- a professional development day dedicated to student and staff wellness (PD provided by health and human services team through a proposal process)

Youth Mental Health First Aid Professional Development
(Suicide training provided to our health and human services team as well as all coaches C-SSRS process and other protocols used)
The FSD Journey

Youth Mental Health First Aid Professional Development
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Evidenced Based Drug Education Initiative
Midwest Counterdrug Training Center

Health and Wellness Alignment Activity
A Google Classroom is used to keep all Physical Education and Health and Human Services members informed, up to date and serves as a housing spot for all important information.
The District Leadership Team is called the “Health and Human Services Team”
Our overall Approach

Each member of the Health and Human Services Team functions in collaborative formation committed to support the whole child.

WSCC-ASCD and CDC Whole School Whole Community Whole Child
The Importance of Being United

At the end of each PD a Google form reflection is completed by all staff members involved.

The results of the Google form reflects how they thought the PD went.

The reflections are shared with building admin and each other every time we meet.
Example of vertical PD feedback Reflection

3 Questions for Reflection to Move Forward

1. What went well today?
2. Where do I need to grow?
3. What will I do moving forward to build on my strengths and weaknesses?

George Couros
#InnovatorsMindset
What are the benefits?
### Benefits of WSCC

| Teacher Leaders | Building leadership capacity into teacher leaders  
|                 | Focused on vertical PD using common resources |
| District Approach | United front with Health and Human Services Team  
|                 | Meet once a month as a vertical leadership team |
| Structures | Helped strengthen our instruction, resources and overall approach  
|             | Agenda driven |
| Aligns to MSIP 6 from DESE | CSIP  
| | BSIP  
| | Teacher Goals  
| | Student Goals  
| | New Teacher Evaluation System |
We are working to provide our staff with more resources for instruction, alignment and assessment.
OUR NEXT Exciting STEPS
Thanks!

Any questions?

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