COACHING CONSTRUCTS

DIRECTIVE
Eg. Sports Coach
“This is the way”

DIALOGIC
“Let’s solve this together”

FACILITATIVE
“I’ll wait for you to solve this”
COACHING
DISPOSITION

COMPASSIONATE
OBJECTIVE
ACCESSIBLE
CHALLENGING
HAS PERSPECTIVE
INTERESTED IN STRENGTHS
NON-JUDGEMENTAL
COACHING GIVES FEEDBACK
“Great coaches ask LOTS of CHALLENGING QUESTIONS then wait for their coachee to come up with the answers”
SCAN
What’s happening?
And…?
HURDLES

What’s the biggest challenge for you right now?
INCENTIVE

What do you want to happen?
FOCUS

What are you going to do?

Come up with 10 ideas in 3 minutes
SHIFT TACTICS

When?

How?