• Who we are
• What we do
Some Statistics

• 70% of individuals would wish to die at home
• 82% say it is important to have EOL wishes in writing
• 80% say that if seriously ill they would want to talk with their doctor about EOL care

• 70% of people die in a SNF, hospital, or LTC facility
• 23% have ever written their EOL wishes
• 7% report having an end of life conversation with their doctor

• 8.8x increased likelihood of prolonged grief if loved one dies in ICU vs hospice
• 5x increased likelihood of PTSD if loved one dies in ICU vs. hospice
• 10 fewer days spent in hospital during last two years of life if patient participated in advance care planning

Stats thanks to Honoring Choices PNW and Californian Healthcare Foundation
- Home Health
- Palliative Care
- Hospice
- Clinical Ethics
- Advance Care Planning
- Spiritual Care
- Inpatient Navigation Team
- Bereavement
<table>
<thead>
<tr>
<th>Service</th>
<th>Key Words</th>
<th>Focus on</th>
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</table>
| HOME CARE        | • HOME HEALTH: REHABILITATION  
                  | Focus on Patient                |
|                  | • PALLIATIVE CARE: LIFE LIMITING with UNMET NEEDs  
                  | Focus on Patient and Family    |
|                  | • HOSPICE: 6 MONTHS OR LESS  
                  | Focus on Patient and Family    |
|                  | • BEREAVEMENT: 13 MO. COMPREHENSIVE SUPPORT  
                  | Focus on Family                |
How Compass Care Connects with Our Community

- Advance Care Planning/FIVE WISHES: Age 18 and over through end of life
- Home Health (Rehab): Patient is home-bound and receives 60-days of rehabilitative service (nursing, physical/occupational/speech therapy, etc.)
- Home-Based Palliative Care: Anyone with incurable, chronic illness and unmet need
- Hospice: Anyone with diagnosis of 6 months or less
- Cottage in the Meadow: The Only Inpatient Hospice House in Yakima County
- Spiritual Care: Patients/Families of hospital, North Star Lodge, Cottage in the Meadow, Home Health, Hospice, Palliative Care
- Bereavement: Hospice families, all community deaths
- The Surprise Question
- Clinical Ethics: Family of Services patients, staff, family members, physicians
- Critical Incident Stress Management: Family of Services staff, community
COMPASS CARE
Phases of Advancing Illness

18 years and over

Advance Care Planning

Diagnosis

PHASE 1
Healthy or with reversible illness

PHASE 2
Early onset, chronic conditions

PHASE 3
Progressive, frequent complications

PHASE 4
Hospice eligible (6 months question)

PHASE 5
Bereavement Family Support

Chronic and Curative Care

Palliative Care

Non-Medical Model

Medical Model

Advance Care Planning

18 years and over
Palliative Care

Hospice

Home Health
Home-based care is “healthcare of the future”

- No longer is the hospital the hub for healthcare
  - Evidenced by
    - reimbursement,
    - benefit to patient
    - Other companies getting into the healthcare market
  - The national home healthcare market is expected to grow with a cumulative annual growth rate of 8.8% between 2017 and 2023*

Compass Care is poised to lead this care in Yakima County

*National Institute of Health
Data for Compass Care

- **Home Care Census:**
  - Hospice: 130-150 patients
  - Home Health: 180 patients
  - Palliative Care: 150 patients

- **Cottage in the Meadow:**
  - Now able to serve up to 20 patients

- **Advance Care Planning:**
  - 90,000+ Five Wishes in Community