"TECH GONE WILD!": SEXTING, PORN & CYBERBULLYING IN TREATMENT
Leslie Baker, M.A., MFT, NCC,
Mary Ruth Cross, MA, MFT, RPT-S,
Mary Ann Coker, MA, MFT, NCC

Family Play Therapy
The use of play, in the family context, as a method to assist family members in shifting patterns of interaction.

Research Conclusions
Very little evidence suggests that Information Communication Technology (ICT) use is linked to weakened family cohesion. (Mesch, 2006)
ICT-related conflicts between adolescents and their parents have increased in some families and these conflicts reduce family cohesion. (Mesch, 2006)
ICT use changes family dynamics, particularly the emergence of "micro-coordination" practices in family life. (Wojcman et al., 2008)
ICT increases connectivity worldwide for families & friends but also has exposed users to a variety of risks. (I. Carvalho et al., 2015)
Ethics, Law and Cyberbullying

It Depends?

Counselor Self Efficacy

Freedom of Speech vs. Cyber bullying?

IS Sexting Against the Law?

Sexting is a punishable offence in the U.S.

A teenager texting sexually explicit photographs of themselves, or of their friends or partners, can be charged with distribution of child pornography and those who receive the images can been charged with possession of child pornography. Depends on the State.

Diversity Issues Sexting

The primary technology-related threat comes from peers, not 'stranger danger'.

Sexting is often coercive.

Girls are the most adversely affected.

Technology amplifies the problem by facilitating the objectification of girls.

Sexting reveals wider sexual pressures.

Ever younger children are affected.

Sexting practices are culturally specific.

More support and resources are vital to redress the gendered sexual pressures on young people.

(Ringrose, et al. 2012)
"Sexting" Laws

New York
The two persons involved in sending and receiving the message must both be under 20 and must be within 5 years of age from each other.

They will have to participate in an education reform program.

Connecticut
Misdemeanor for people between ages 13 and 17 to possess a picture of someone between the ages of thirteen and fifteen.

Misdemeanor for people between the ages 13 and 15 to send a picture portraying child pornography.

Federal Law
Megan Meier Cyberbullying Prevention Act
HR1966
Whoever transmits in interstate or foreign commerce any communication, with the intent to coerce, intimidate, harass, or cause substantial emotional distress to a person, using electronic means to support severe, repeated, and hostile behavior, shall be fined under this title or imprisoned not more than two years, or both.

http://www.govtrack.us/congress/bill/113/hr1966/text

Family Play Therapy Activities

All activities directions are in your packets.
We will review 1 Activity in each area.
A set of reviewed activity materials are available in your packets!!

Create or Take to Go!

©Baker, Olser, Gross, 2015
"Techno Character Family"
1) Each Family member is asked to imagine becoming their favorite technology.
2) They can choose any type of technology or create their own.
3) Using craft supplies, each family member creates their own Tech Character.

"Techno Family Characters" Processing
1) Tell us about your Techno Character’s? What would their names be?
2) What types of special abilities do your Techno Character’s have and why?
3) Who might your Techno Character’s partner or partners be and why?
4) How does your Techno Character’s share their special abilities with other family members?
"Value your Body like you value your Cell Phone"

This concept is one way to build self-value, prevention and self respect.

1) Start at the Beginning
2) Communicate
3) Teach Logic
4) Be Mindful of Diversity

Hindman, J. (2016) "There's no such thing as a sex fairy: Ten Commandments of Raising Sexually Respectful Children"
Hindman, J. (2015) "A Very Touching Book"

"Values Click Down"

*What is your most important Family Value?*

"Values Click Down"

Assists your client to find what one of their family values might be!

©Stoker, Stoker, Cross, 2015

"Click down"

(FOCUS IN) on a **highlighted word and/or phrase** by asking an **open ended question** about the item of value to elicit a deeper conversation.

*Listen again for a new word and/or phrase* as the person speaks.

*Ask another open-ended question* about the speaker’s emphasized word or phrase.

©Stoker, Stoker, Cross, 2015
Discover the Core Value

You will usually uncover a core value after several "click down" inquiries.

A core value is revealed when your question evokes only the same response as in a previous answer.

This is a core value.

You might hear, "That is important to me just because it is."


Family Values Quilt

"Family Values Quilt"

Choose 1 or 2 Values from Click Down Exercise.

Create Quilt Pieces that represent your values.
(Crafting material or paper materials)

Join the pieces together to construct a "Family Values Quilt".

Process the Values Quilt with the family.

Baker, L. (2014)
"To Limit or Not to Limit?"

What do you think?

More than one-half of parents set limits on the time that children can use cell phones.

Only one-third of parents block images on their children's cell phones.

Experts Agree that Boundaries on the Technology is Key for Prevention and Protection.

Resources

Cyberbullying Research Based Resources
http://cyberbullying.us

Common Sense Media – Social responsibility online
http://www.commonsensemedia.org/

On Guard Online – Tips on online safety from Fed. Gov. & Tech Community
http://www.onguardonline.gov/

Information on Cyberbullying & Sexting
www.ncsc.org

Information for privacy settings on Facebook, mobile phone safety tips & internet.
www.cyber-bullying.info

Thank you