Today’s session will focus on:

* how to use music as a vital tool in enhancing physical development in the Early Years
* how to use music and physical activities to raise awareness of possible issues of the development of early learners
* how to develop spatial awareness through music and movement
* how to enhance bilateral movement through body percussion activities
* how to develop reciprocal movement using percussion instruments such as drums, sticks etc
* how to strengthen hand dominance through musical activities involving beanbags, balls and hoops
* how to encourage early learners to cross the ‘imaginary midline’ through music and activities with scarves and rainbow ribbons
* how to help children with sensory issues - in particular auditory issues - to process loud or unexpected sounds/noise
* how to develop balance and coordination through music with movement
* building muscular strength and endurance through collaborative giant elastic and parachute musical games
* using sound tracks with fluctuating tempos to ensure inclusive learning allowing children the time to actively participate and turn-take in interactive songs

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