TEE IT UP IN PHYSICAL EDUCATION CLASSES

In more than 9,000 elementary schools across the United States, many students are teeing off for the first time thanks to The First Tee National School Program, bringing our curriculum to your child’s gym during physical education class. Through safe, fun activities, elementary students are learning the basic skills of the lifelong sport of golf. By engaging physical educators in the delivery of The First Tee Nine Core Values and Nine Healthy Habits, we’re putting students on the course to a healthy and active lifestyle.

OUR PROGRAM OBJECTIVES
- Create a safe introduction to golf for today’s students and teachers.
- Help students build character and confidence through the positive personal and social values associated with the game and extend those values to other areas of their lives.
- Provide opportunities for students to experience golf as an enjoyable, lifelong recreation and health-enhancing activity.
- Ensure that the curriculum meets national standards developed by the Society for Health and Physical Educators (SHAPE).

COMPONENTS OF THE PROGRAM
The First Tee National School Program gives physical educators the tools to get started. We provide the training, equipment and lesson plans to easily integrate basic golf, motor skills, core values and healthy habits.

TRAINING
We offer interactive online training and/or the opportunity for school districts to host an in-person training conducted by The First Tee certified national trainers.

CURRICULUM
The lesson plans integrate basic golf motor skills, core values and healthy habits. Our curriculum is based on a developmental approach to teaching and learning.

EQUIPMENT
The equipment for The First Tee National School Program is modified, developmentally-appropriate golf equipment that is durable and safe for indoor or outdoor use.

ADDITIONAL RESOURCES FOR PHYSICAL EDUCATORS
Are you a physical educator looking for more information? Explore and share best practices with other trained and certified physical educators through our online resource center. Visit the Teachers Tee Box to download signs to use in class and to shop with one of our Silver Partners for discounts on hoops and cones! Visit thefirsttee.org/teachersteebox

READY TO GET STARTED?
Contact us: NSP@thefirsttee.org