“CAN’T STOP THIS FEELING”  
by Justin Timberlake, Choreography: Amy Muffley

Beginning of song – invite students to get up and move

3 heels to the front – Right, Left, Right, touch L foot to the side 
Reverse for a total of 3x 
Jump feet apart and swoop hips down & up, lift shoulders up/down

Left arm across your body (draw a rainbow over) 
Right hand makes a wave motion across the body to Left 
Pull Right hand over to “comb your hair”, then push it to Left 
Lean over as Right hand “opens the door” across the body Left to Right. “Close the door” with your Left arm. 
Roll your hands downward, upward, then open arms overhead with some bounce/groove.

Touch Right foot front & together, Reverse, Touch Right foot out 2x, Reverse for a total of 4x. (Can rotate to do 4 directions) 
Jump feet apart as arm open overhead “Can’t Stop the Feeling,” shake hips out – “Dance Dance Dance” - 2x

Walk It Out – with a bounce/shoulder drops/groove 
Can walk any where in the room, front/ back/ around their desk, in/out

REPEAT ALL - (3rd section will have 4 arms overhead/shake it out)

After you repeat the walk it out, do 1 more set of the touches (3rd section), then walk it out to your chair or down to finish.

danceelitebyamy@gmail.com