¡Adelante!
Journey to a Culturally-Responsive Infant & Early Childhood Behavioral Health Care System

Welcome & Introductions

Learning Objectives
- Discuss key strategies for developing and investing in authentic partnerships between community members and organizations that promote healthy, thriving families.
- List elements of a culturally- and linguistically-responsive early childhood behavioral health care system.
- Describe data collection and dissemination strategies that prioritize telling the story of young children and families experiencing health inequities.

Agenda
1. CBPR Overview
2. LAUNCH Together — Share & Connect Event
3. The Adelante Network
4. Key Takeaways

Community Based Participatory Research

CBPR seeks to...
- Respect for community autonomy
- Participants to gain control over conditions
- Ideas from community members

Montoya & Kent, 2011
CBPR Principles

- systems development
- unit of identity
- embodies “cultural humility”
- strengths and resources
- collaborative, equitable partnership
- co-learning and capacity building
- knowledge generation and mutual benefit
- local relevance
- disseminates results to all partners
- commitment to sustainability
- broadens the bandwidth of validity

Traditional Research vs. CBPR

<table>
<thead>
<tr>
<th></th>
<th>Traditional Research</th>
<th>CBPR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Participation</td>
<td>passive subject of study</td>
<td>fully involved</td>
</tr>
<tr>
<td>Research Design</td>
<td>done by academic institution</td>
<td>done with representatives from community and academic institution</td>
</tr>
<tr>
<td>Needs Assessment, data collection, implementation and evaluation</td>
<td>academic institution's responsibility</td>
<td>everyone's responsibility</td>
</tr>
<tr>
<td>Sustainability</td>
<td>not included</td>
<td>sustainability is priority</td>
</tr>
</tbody>
</table>

Adapted from Community Based Participatory Research and Quantitative Methods, Darren Lubbers, Ph.D.

The Focus

 ЛаUNCH Together supports Colorado communities in expanding prevention and health promotion practices and building coordinated systems to support the wellness of children, prenatal through age 8, and their families with a focus on behavioral health and social and emotional development.

LAUNCH Together – Share & Connect Event

Who & What is Important in Early Childhood?

- Early experiences matter!
  - Lasting impact on learning, behavior and health
  - Laying foundation for the house to be built on
- Getting things right the first time is easier and more effective than trying to fix them later.
- Specialized interventions are needed early for children experiencing developmental delays and toxic stress.
- All of society benefits from investment in early childhood programs.

From Center on the Developing Child at Harvard University – www.developingchild.harvard.edu
Targeted Geographic Area & Population Focus

Share & Connect Family Engagement

What We Learned

Data Gallery Walk
Shared Action Steps

1. Collaborate with Adelante to address Latino parent concerns regarding language barriers, lack of culturally-relevant services and communication materials.
2. Amplify already-existing parenting resource fair opportunities and provide smaller scale parenting education and connection opportunities for families with children 0-5 in Jefferson County.
3. Develop a comprehensive “Jeffco Families” one-stop website for parent resources, support and information.

Sharing Final Results with Participants
Strategies to Connect Authentically with Communities

- Language justice
- Go where communities are
- Board participation
- Give value to what community members say
- Authentic shared decision making
- Celebrations aligned with community values

What Makes a Culturally- & Linguistically-Responsive Early Childhood System?

**Vision:** A society where each parent has the tools and the power to raise healthy and happy children, direct the creation of community resources and be valued as the experts in health, education and well-being of their families.

**Strategic Priorities:**
- Build a network of families and community-led initiatives.
- Connect existing organization networks to the work of Adelante.
- Advocate, support and guide health equity efforts in the county.

Contact

- Cynthia Zapata: cynthia@adelantejeffco.org
- Jennifer Anton: janton@jeffco.us
- Paulina Erices: perices@jeffco.us