Death and dying

How do nurses experience prognosis communication?

- Contextual environment
  - Assessing the situation
  - Barriers
- Nursing actions
  - Negative effects on nurse
  - Positive effects for patient

McLennon et al, 2013

Sexuality

- Lack of specific knowledge
  — lack of confidence
- Avoidance of sexual assessment and intervention
- Conservative attitudes
- Fear of embarrassing self
- Fear of offending patient
- Denial of responsibility
- Institutional issues
- Lack of awareness of guidelines

Kotronoulas et al. 2009

Infertility

How do we talk about fertility with patients?

- Knowledge (procedures)
- Attitudes (time constraints)
- Behaviors (initiation of conversation)

King et al 2008
Overweight and obesity

- Avoid the perception of judgment
- Share your own personal struggles with lifestyle change
- You do NOT need to provide them with weight management counseling – alert them to the links between obesity and their cancer
- Refer them to appropriate resources

Concepts in communication

- Accommodation
- Adaptation
- Family/caregiver communication
- Health literacy
- Goals
- Non-verbal components of messages
- Relational tension

SPIKES

Getting the SETTING right
Patient PERCEPTION
INVITATION
Giving KNOWLEDGE
Addressing EMOTIONS
SUMMARY / STRATEGY
5 As

- Ask
- Assess
- Advise
- Assist
- Arrange

Bober & Spies 2012
Bibliography


