Integrative oncology, previously known as complementary and alternative medicine (CAM), is seen as an important part of health promotion practices and the treatment plans of patients with cancer around the world. A growing number of individuals practice meditation and yoga, get acupuncture treatments, receive chiropractic or osteopathic manipulation, listen to music, or choose a variety of CAM healthcare practices to complement traditional cancer treatments. A large number of cancer institutions have natural settings in their clinical environments for patients and family members. The increase in use of these practices and environments may be partly due to a growing body of research showing that CAM practices can help manage pain, reduce stress, and increase quality of life. This session is based on current research and evidenced-based practices from a variety of international perspectives. In this session, oncology nurses will learn about current research and evidence-based practices related to integrative oncology from Canada, Europe, and Asia.

**Target Audience:** All Levels

**Moderator:**
Margaret Barton-Burke, PhD, RN, FAAN
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**Full Disclosure:**
Nothing to Disclose

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Nothing to Disclose

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Nothing to Disclose

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Nothing to Disclose

**Speaker:**
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College of Nursing Seoul National University and Asian Oncology Nursing Society
Professor and President
South Korea

**Full Disclosure:**
Nothing to Disclose

**Objectives:**
At the end of this session, participants will be able to:
1. Identify evidence-informed CAM decision support strategies and interventions.
2. Describe practical strategies that oncology nurses may use in clinical practice settings to address unmet patient and family CAM information and decision support needs.
3. Provide research data to suggest the evidence-based use of henna for hand-foot syndrome and honey for xerostomia in head and neck patients.
4. Discuss common CAM practices used in Asia by oncology nurses.