Explore the rapidly-emerging and important new field of oncology. Develop your understanding of this multidisciplinary approach to preparing patients for upcoming cancer treatments physically and mentally. You’ll learn how you can use current research to prevent or reduce the severity of anticipated treatment-related impairments that may cause significant morbidity and decreased quality of life for your patients.

**Target Audience:** Registered Nurses, Advanced Practice Nurses

**Level of Content:** Advanced

**Speaker:**
Julie Silver, MD  
Associate Professor  
Harvard Medical School  
Boston, MA

**Full Disclosure:**  
Nothing to Disclose

**Objectives:**
At the end of this session, participants will be able to:
1. Define cancer prehabilitation and describe its role in and impact on survivorship care.
2. Compare and contrast current prehabilitation practice with evidence-based and/or best practices.
3. Identify core competencies that nurses need in order to participate in and/or lead prehabilitation assessments and interventions.
4. Identify at least three physical and/or functional prehabilitation assessments that nurses may conduct.
5. Discuss dual screening for physical impairments and distress and explain how this may improve both the patient experience and survivor population outcomes.