Distress is a universal experience for patients with cancer, but the degree to which it is experienced, its duration, and the patient’s subsequent response vary widely from patient to patient. While progress has been made in understanding distress over the past five years, there are still areas of opportunity. Join Susan S. Tavernier, PhD, APRN-CNS, AOCN®, to review her translational research on cancer-related distress and discuss the practical, ethical, and policy implications that affect oncology nurses like you.

**Target Audience:** All Levels

**Level of Content:** Intermediate/Advanced

**Speaker:**
Susan S. Tavernier, PhD, APRN-CNS, AOCN®
Assistant Professor
Coordinator, Accelerated Nursing Program
Idaho State University School of Nursing
Meridian, ID

**Full Disclosure:**
Nothing to Disclose

**Objectives:**
At the end of this session, participants will be able to:
1. Articulate the relevance and importance of distress screening in achieving optimal patient-care outcomes.
2. Describe the role of the nurse in the successful screening of cancer-related distress and evidence-based interventions for distress management.
3. State the limitations and opportunities for quality improvement and research surrounding cancer-related distress.