Explore case studies to clear up some common misconceptions about pain management and delve into lesser-known topics like pharmacology. You’ll cover issues such as opioid dosages and duration, discrimination, individualized pain management, and multimodal pain management approaches. You’ll also discover the differences between addition, tolerance, and dependence as they relate to pain management.

Target Audience: Registered Nurses

Level of Content: Intermediate

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Nothing to Disclose

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Objectives:
At the end of this session, participants will be able to:
1. Compare opioids’ equianalgesic dosages (PO and IV), and give opioid peak times and duration times.
2. Define and distinguish between the terms addiction, tolerance, and dependence.
3. Identify four areas of “total pain” in patients, and establish patient-driven pain goals.
4. Explain how different types of pain require different multimodal pain management approaches.

Content Outline:
I. Compare opioids’ equianalgesic dosages (PO and IV), and give opioid peak times and duration times.
   A. Case study covering COH Knowledge and Attitudes Survey questions dealing with equivalences, peak times, and duration of opioids
   B. Opioid equivalency chart utilization
II. Define and distinguish between the terms addiction, tolerance, and dependence.
   A. Case study presented to cover COH Knowledge & Attitudes Survey questions dealing with these three terms
III. Identify four areas of “total pain” in patients, and establish patient-driven pain goals.
   A. Case study will cover the four types of total pain, physical, social, psychological, and emotional, and present examples of individualized patient goals
IV. Explain how different types of pain require different multimodal pain management approaches.
   A. Case study to illustrate the benefits of a multimodal pain approach using multiple drugs with different actions and nonpharmacologic approaches