Join the members of the Spiritual Care Special Interest Group for a presentation on the search for meaning: its definition and role, discrepancies in the literature, and assessment tools and interventions for nurses who want to help their patients. This discussion will incorporate the need for self-care in nursing and the discovery of your own personal and professional needs. You’ll also enjoy speed networking, where you’ll discuss clinical pearls of wisdom, problems you’ve encountered in providing spiritual care, and possible solutions for involving staff in the spiritual care of patients with cancer.

Content Area: General Content

Content Level: Intermediate

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Full Disclosure:
Nothing to Disclose

Objectives:
At the end of this session, participants will be able to:
1. Define and discuss what is meant by searching for meaning within the spiritual context.
2. Analyze the differences described in literature regarding the benefits of encouraging patients to search for meaning throughout the disease trajectory.
3. Explain the ways to assess meaning in life and potential options for addressing a patient’s need to journey through the search for meaning.
4. Comprehend our own need to search for meaning within our jobs and generate a plan to actively seek growth through that search.

Content Outline:
I. Definition for “search for meaning”
   A. Connection of search for meaning with spirituality and spiritual care
   B. Means of coping
   C. Multidimensional concept
II. Why search for meaning matters
   A. Distress vs. comfort
   B. Discord in literature
III. Assessment tools
   A. MiL
IV. Interventions
   A. During diagnosis and treatment
   B. Considerations for survivorship
V. Caregivers search for meaning
   A. Within our jobs
   B. Work-life balance