10 Websites Every Student Should Know

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The number of international students in U.S. colleges & universities grew by 7.1%, topping one million in the 2015-16 academic year.

http://time.com/4569564/international-us-students/
5. Canada 26,973
3. Saudi Arabia 61,287
1. China 328,547
2. India 165,918
4. South Korea 61,007
Hello!

As a new student in a new country, they’ll need to gain new information quick or risk being lost, broke, and more than a bit dazed about independent student life.
The **internet** is a bountiful realm of **student resources**, where students can learn things their parents never taught them or that they weren’t interested in learning at the time (E.g. budgeting, ironing clothes).
This workshop will provide a categorized list of useful student websites & online resources that will assist making student life a bit easier starting from day one.
1. For the body
www.sleepyti.me

X informs the best times to sleep if you have to be up at a certain hour
X takes into account regular sleep cycles (helpful if you suffer from grogginess)
finds what foods to eat for various problem type (e.g. fatigue, high cholesterol).
www.webmd.com

✗ checks your current health status through “symptom checker”

✗ Although great, it doesn’t replace a real doctor – go offline and visit the university’s health center if worried
www.ashasexualhealth.org

X sexual health advice & resources

The challenge here is that the time it takes for IgG antibodies to reach detectable levels can vary from person to person. For one person, it could take just a few weeks, while it could take a few months for another. So even with the accurate tests, a person could receive a false negative if the test is taken too soon after contracting the virus. For the most accurate test result, it is recommended to wait 12 – 16 weeks from the last possible date of exposure before getting an accurate, type-specific blood test in order to allow enough time for antibodies to reach detectable levels.
2. For the mind
blocks distracting websites (e.g. YouTube, facebook) when studying
www.bartleby.com

X publishes classic literature, poetry, non-fiction and reference texts free of charge
Let me bring my classroom to you.

@eslgarage
#eslgarage
@eslgarage
3. For the wallet
✗ offers daily deals (e.g. spa days, fancy restaurants & city breaks)

✗ not exactly student essentials, but a good way to treat yourself at the end of a stressful final
www.offerup.com

X allows you to buy or sell almost anything, including clothing, electronic devices and antiques.

X good if need money or want to find some bargains
X free to use
X helps organize your finances
X tracks your spending
4. For the tummy
www.recipepuppy.com

✓ allows you to search for recipes based on the ingredients you already have at home.
https://www.youtube.com/eslgarage

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