Module 1: Concussion Basics
- How many of our athletes are actually receiving a concussion and why?
- How to recognize a concussion (Signs and Symptoms).
- What happens inside the brain from a concussion and how long does it take to recover?

Module 2: When a Concussion is Suspected
- When do I remove someone from play?
- How do I properly assess and monitor a concussion?
- What are the immediate and long-term risks associated with concussion?
- What is Second-Impact Syndrome?
- What immediate and overnight care should be taken to improve the safety and outcome of concussed athletes?

Module 3: Baseline Testing
- Should our Athletes be getting Baseline Tested?
- What does a Baseline Test do?
- What kind of Baseline test should our athletes take?

Module 4: Concussion Management from Medical/Health Care Providers
- Where should I be sending my injured athletes for treatment and follow up care?
- Who should be making the Return to play decisions for our Athletes?

Module 5: Return to Learn & Play
- What are the stages of recovery for an athlete?
- When can the athlete return to practice or games?
- What drills can the athlete returning to practice participate in?
- What restrictions does the athlete have?
- What can I do to help?

Module 6: The Concussion Tracker App
- How to administer a concussion assessment
- How to report an injury
- How to add a team roster
- How to view progress on injured athletes