2019 CATCH THE SPIRIT

Information for the 2018 Central Alberta Teachers’ Convention

Program Description

From February 15 until March 3, 2019, the eyes of the nation will be on Red Deer, Alberta as we host the 2019 Canada Winter Games- the largest multi-sport and cultural event for youth in Canada and the largest event to be hosted in Red Deer’s history. Featuring over 150 events in 19 sports and a major arts and cultural festival, the 2019 Canada Games will welcome up to 3,600 athletes, manages and coaches and more than 100,000 spectators. The 27th edition of the Canada Games, the 2019 Games is set to provide a stage for Canada’s next generation of national, international and Olympic champions to compete and will leave a legacy for athletic and leadership greatness in Red Deer and central Alberta. This is our moment.

As part of the Canada Games Movement the Catch the Spirit Education Program was created to act as a key engagement and education tool for our nation’s youth. It is an educational resource that has been developed by teachers, for teachers and is integrated into classrooms by Canada’s educators and each Canada Games Host Society. This program is used as a tool to inspire children about the Canada Games movement and build awareness for the benefits of physical activity and sport. The program also acts as an inspiration for classrooms and schools to create their own mini Canada Games.

In each 75 minute session we will provide educators from central Alberta with more information on the 2019 Canada Winter Games, the Canada Games Movement and the impact the Games will have on central Alberta. We will engage and educate teachers on the 2019 Catch the Spirit Education Program and demonstrate how easily the program can be integrated into lesson plans, classrooms and entire schools. We will also share information on how schools and classrooms using the program can benefit further by having a Canada Games Day that may be accompanied by a visit from Waskasoo and the 2019 Canada Winter Games.