Determining Level of Suicidal Risk

Low Suicide Risk
- Some suicidal thoughts.
- No plan.
- No desire for death and little intent for death.
- Willing to engage in help seeking, safety planning, has some coping skills.

*How to respond:* set a future session; engage in safety planning; call parent with student permission; notify supervisor after the session.

Moderate Suicide Risk
- Suicidal thoughts.
- Vague plan, limited access to means.
- Some desire for death but little or no intent.
- Willing to engage in help seeking, safety planning.

*How to respond:* set a future session; engage in safety planning; call parent with student permission; notify supervisor after the session.

High Suicide Risk
- Suicidal thoughts with high intensity and frequency.
- Specific plan and access to means.
- Has desire and intent.
- Has done nothing to harm self.
- Is willing to engage in help seeking, safety planning.

*How to respond:* Do not leave student unattended. Bring supervisor into session for further risk assessment. Possible emergency protocol.

Severe Suicide Risk (if ANY of the following are true)
- Suicidal thoughts with severe intensity and frequency.
- Has or is about to engage in a behavior that will end life.
- Has a specific plan with high lethality.
- Is unwilling or unable to engage in safety planning or treatment options.

*How to respond:* Do not leave student unattended. Bring supervisor into session to initiate emergency protocol.