COUNSELING SERVICES

The Wellness Center helps kids manage common emotional and social challenges of middle and high school students. The center provides counseling support for stress, depression, grief, family or friendship conflicts, reproductive health concerns, and substance use concerns. Approximately one third of the high school students and one quarter of the middle school students utilize services at the Wellness Center each year.

Services are confidential, free and on-campus. Counseling is available to all students at Piedmont High School (PHS), Millennium High School (MHS) and Piedmont Middle School (PMS).

The Wellness Center staff collaborates with the district nurse for issues that involve both physical and mental health. The Wellness Center also provides mental health consultation for elementary school staff.

REQUEST AN APPOINTMENT OR DROP-IN

Services are confidential, except when a therapist needs to share information to ensure a student's safety.

Hours: Daily (school hours)
510-594-2803
wellnessappointment@piedmont.k12.ca.us

Drop-Ins:
PHS/MHS:
Room 30C (in the school library building)

PMS:
Main Office - Counselors (Amy Sharp or Michael Friesen) may refer students to the Wellness Center

Appointments:
PHS/MHS:
Room 30C (in the school library building)

PMS: Main Office (check-in);
Room 305 (services)

The Wellness Center is open to all students, and does not discriminate on the basis of race, color, national origin, religion, sex, gender identity, sexual orientation, or medical condition. Students may access the Center directly by drop-in or can call/email for an appointment. Referrals can also be made by a parent, teacher, academic counselor, or peer.

WELLNESS CENTER SENIOR STAFF

Dr. Alisa Crovetti, a licensed psychologist and our program's clinical supervisor, has been with PUSD since 2009. Alisa and Amy Hazer, a licensed clinical social worker since 2008, supervise a strong and experienced team of therapists and psychologists who are training toward licensure and provide individualized counseling to students.

Hillary Crissinger, Director
hcrissinger@piedmont.k12.ca.us
510-594-2733

Alisa Crovetti, Ph.D., Clinical Supervisor, Training Director
acrovetti@piedmont.k12.ca.us
510-594-2728

Amy Hazer, LCSW, Clinical Supervisor, ERMHS Therapist
ahazer@piedmont.k12.ca.us
510-594-2728

Victoria Salazar, Administrative Assistant
vosalazar@piedmont.k12.ca.us
510-594-2803

Carol Menz, District Nurse
cmenz@piedmont.k12.ca.us
510-594-2751