NUSD-MCC PARTNERSHIP
FUERTE CURRICULUM:
MEETING THE NEEDS OF IMMIGRANT STUDENTS

KARIN JINBO, MA PPS:SP
MARTA POSADA, MA PPS:C
AGENDA

FUERTE:
Family (Re)Unification and Emotional Resiliency Training

- Today’s Speakers
- Novato USD’s Journey
- Partnership with Marin Community Clinics
- A brief overview of FUERTE Curriculum
SPEAKERS

KARIN JINBO
- COORDINATOR – MENTAL HEALTH (SPECIAL EDUCATION)
- PPS: SCHOOL PSYCHOLOGIST & ADMIN SERVICES CREDENTIAL
- >20 YEARS IN SPECIAL EDUCATION
- CSMH SUSTAINABILITY COIIN, MTSS, CAPTAIN

MARTA POSADA
- NEWCOMER COUNSELOR
- PPS: COUNSELING
- >10 YRS EXPERIENCE WITH EL & IMMIGRANT STUDENTS
- NUSD INAUGURAL NEWCOMER COUNSELOR
- CULTIVATED RELATIONSHIP WITH MCC
NOVATO UNIFIED SCHOOL DISTRICT 2017-2018

• ADA: ~7600
• 1 Special Education Preschool
• 7 Elementary Schools
• 1 K-8 School
• 1 K-8 Charter School
• 2 Middle Schools
• 2 Comprehensive High Schools
• 1 Alternative Education Campus
  • Ind. Study, Community Day, Alt.Ed., Adult School

• 37.9% Free & Reduced Lunch
• 16% English Learners
• 14.8% Redesignated Fluent English Proficient
• 8 or more languages spoken by students & families
• ~30% increase of Newcomer Students over 3 year period.
  • ~3% of NUSD student population is new to the country within the last 3 years.
NUSD RECENT HISTORY

• History of community partnerships:
  • Novato Youth Center/North Marin Community Services
  • Bay Area Community Resources
  • Marin County Office of Education
• Partner with Community Based Organizations to bring Mental Health Interventions to each school site.
• Increased budget allocations to serve greater number of student needs in 17-18 through LCAP/LCFF
• Inaugural Newcomer Counselor (Marta Posada) in 16-17 SY
• 2nd Newcomer Counselor added in 18-19 SY
NUSD CURRENT

- **Graduate Profile**
- 2018-2019 Implementation: Elementary Dual Immersion Program
- Increase in last 5 years of “Newcomer” students primarily from Central America
  - 2 Newcomer Counselors added in last three years.
- Recognized need for universal and targeted social emotional learning, strategies, and interventions through LCAP
  - Leveraged grant funding from local grantors.
NUSD – MCC PARTNERSHIP

• Surfaced out of need for continuity of care
• Dr. Heyman Oo of UCSF and Marin Community Clinics
• Release/Exchange of Information Promoted
• FUERTE Curriculum Training
• Sustainability
IMPLEMENTING FUERTE

• ID & Train Trainers/Counselors
• Logistics: Scheduling around academic calendar
• Data Collection (Pre-Post Resilience Scales)
• Implement Curriculum
SUSTAINING FUERTE

• ID & Progress Monitor Newcomer Students
  • Personnel, Data, Services
• Data Teams including IT
  • Including pertinent information to SIS & Data Reports
• Maintaining/Sustaining staff with proper background/experience
  • Capacity Building
• Get on the Calendar
  • Become the expectation not the exception.
Taken from Fairfax Reunification Curriculum, focus groups held with SFUSD personnel, undocumented youth, their parents, and mental health providers, and the experiences of previous FUERTE instructors
FUERTE: FAMILY (RE)UNIFICATION AND EMOTIONAL RESILIENCE TRAINING

1. Tips for School-Based Groups
2. FUERTE Curriculum Outline
3. FUERTE Syllabus (5 Sessions)
4. Appendix
   1. “99 Coping Skills”
   2. Role Play Scenarios

1. Using Curriculum, Logistics, Materials, Facilitators Skills, getting started
2. Description of Modules and Objectives
3. Lesson Plans for each 90 minute session
4. 1 page coping handout & Role Play Scenarios for modules
USING THE FUERTE CURRICULUM

- The curriculum is an adaptive and iterative document
  - Please email fuertestudy@gmail.com with any suggestions, corrections, or feedback related to the curriculum
- All original FUERTE materials in this document are open-source and may be shared freely and edited to serve your purpose. Please contact us for the most up-to-date electronic versions at any time
- The curriculum serves as a framework or a menu of possible activities for lesson planning. Not all steps or activities need to be undertaken. Often times, each exercise or activity could trigger a lengthy discussion
- The curriculum is currently divided into 5 sessions, and each session takes at least 90 minutes to adequately address the material. If your planned sessions are shorter (50-60 minutes), we recommend expanding the curriculum into 7 or 8 sessions
MODULES / SESSIONS

Module 1:
Introductions and Establishing Goals

Module 2:
Routines, Rituals, and Traditions

Module 3:
Stress of Immigration and Separation

Module 4:
Affect Identification and Management

Module 5:
Building Attunement

Every Module Contains:

• Objectives
• Suggested Materials
• Agenda
• Lesson Plans:
  Getting Started, Activity, Intro to New Material, Closing, & Homework Assignment
If you would like a digital copy of the FUERTE Curriculum emailed to you, then please follow this link and complete the digital form:

https://tinyurl.com/ydaa9ks7
QUESTIONS/COMMENTS
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Marta Posada: mposada@nusd.org
Dr. Heyman Oo: https://www.marinclinic.org/team-member/heyman-oo-md-mph/

If you are interested in receiving information on training opportunities or questions regarding the FUERTE Curriculum, please contact Dr. Heyman Oo.