REFRAME THE BEHAVIOUR
“Kids do well if they can”
~ Ross Greene

WON’T → CAN’T YET

- Judgemental
- Willful
- Defiant

- Curious
- Too many stressors
- Skills deficits

Adult’s Mindset

He’s lazy
She just wants attention...
...rude!

- Rewards & punishments

Thoughts

- Find & remove barriers

Response

- Supported
- Strengthened

Child’s Experience

“See a child differently, you see a different child”
~ Dr. Stuart Shanker

When kids exhibit challenging behaviour we can be “stress detectives”... finding and removing barriers.

- Find stressors → Reduce them
- Find unmet needs → Meet them
- Find skills deficits → Teach them