CDC – LEARN THE SIGNS. ACT EARLY
https://www.cdc.gov/ncbddd/actearly/milestones/index.html

Try CDC’s FREE Milestone Tracker app today...
Because milestones matter!

- Milestone checklists for 2 months to 5 years
- Summary of your child’s milestones
- Activities to help your child’s development
- Tips for what to do if you have concerns
- Appointment reminders

Now available in Spanish!


Milestone Booklets and Checklists

Your Baby at 9 Months

Milestones matter! How your child plays, learns, speaks, acts, and moves offers important clues about his or her development. Check the milestones your child has reached by 9 months. Take this with you and talk with your child’s doctor at every well-child visit about the milestones your child has reached and what to expect next.

What Most Babies Do by this Age:

Social/Emotional
- May be afraid of strangers
- May be clingy with familiar adults
- Has favorite toys

Language/Communication
- Understands “no”
- Makes a lot of different sounds like “mama” and “babababa”
- Copies sounds and gestures of others
- Uses fingers to point at things

You Know Your Child Best.

Act early if you have concerns about the way your child plays, learns, speaks, acts, or moves, or if your child:
- Is missing milestones
- Doesn’t bear weight on legs with support
- Doesn’t sit with help
- Doesn’t babble (“mama”, “baba”, “dada”)
- Doesn’t play any games involving back-and-forth play
- Doesn’t respond to own name
- Doesn’t seem to recognize familiar people
- Doesn’t look where you point
- Doesn’t transfer toys from one hand to the other