Pro-Active Play in PreK: Use the 7 AfL Strategies

Strategies that Lead Students Toward Collaborative Learning in Play!
Co-Create Criteria of What Responsible Play Looks Like

The children can help decide safe boundaries!
1. Provide clear and understandable vision of the learning target
2. Use examples and models of strong and weak work
3. Offer regular descriptive feedback
4. Teach student to self-assess and set goals for next steps
5. Use evidence of student learning needs to determine next steps in teaching
6. Design focused instruction, followed by practice and feedback
7. Provide students opportunities to track, reflect on and share their learning progress
First thing they said…
Let the students do the work.
#1

Provide clear and understandable vision of the learning target
Start the day the Brain Smart Way!

My School Family Song

From Dr. Becky Bailey’s Conscious Discipline
Learning Target

Be Safe - Be Kind - Be Ready to Learn
Be Safe - How is he being safe?
Be Kind - How is she helping her friend out?
Friends Help Friends Out!

Look

Listen

Check in

Are you ok?

Do you need help?

Now lets play...

Play a new way!

Your turn!
Ready to Learn - How do you know they are ready?
Ready to Learn
#2

Use examples and models of strong and weak work
Friends Help Friends Out!

Look
Are you ok?
Now lets play...
Play a new way!

Listen
Stop!
Do you need help?
Your turn!
Is this a safe way to go down the slide?

This is Weak Work!
Restorative Practices
Mood Meter

#3
Offer regular descriptive feedback
Wow! You did it! You felt angry because she knocked over your tower but you chose to calm yourself by draining!

From Dr. Becky Bailey's Conscious Discipline
You wanted... the motive behind the action.

You chose to... and what happened because of the choice.

That was a helpful choice... related to the rule. (because you were being safe, being kind, being ready)
You wanted... the motive behind the action

You chose to... and what happened because of the choice.

How can you solve the problem? ... related to the rule.
#4

Teach student to self-assess and set goals for next steps

After the students know the **Expectations** and they know what **strong and weak work** looks like and you have given lots of Problem Solving **Feedback** then we can help them reflect on their behavior and set goals for next steps.
Restorative Practices

Mood Meter...

...Is also a self assessment and a goal setting tool.
Learning Target

I can ask an adult if I need help solving a problem with a friend.
Plan and Set Clear Expectations for PLAY

When we play, we decide …

Who we will be…

What we will…

Play                  Build                   Make
Learning Target

I can talk to adults and classmates using kind words.
#5
Use evidence of student learning needs to determine next steps in teaching

Seesaw Digital Portfolio
Review pictures of their work and decide what they need to work on next.
Dixie will go into detail in our next session.
Design focused instruction, followed by practice and feedback

We Are Helpful
(Tune - Oh My Darlin)

We are helpful.
We work together.
We care for others as ourselves.
We can wait.
We can listen.
We put our toys up on the shelves.

We Are Helpful
(Tune - Oh My Darlin)

We are helpful.
We work together.
We care for others as ourselves.
We can wait.
We can listen.
We put our toys up on the shelves.
Conscious Discipline Brain State Model

Prefrontal Lobes
I don’t like it when you _____.
What can I learn from this?

Limbic System
Name calling/mouthing off
Am I loved?

Brain Stem
Pushing, hitting, withdrawing
Am I safe?

Problem Solving
Connection
Safety
CONNECTION = COOPERATION

- The motivation to behave comes from being in a relationship.
- Connection literally wires the brain for impulse control and willingness.
- Connections on the outside build connections on the inside.
AfL Helps Build Those Connections
Learning Target

I can help at school.
Dan St. Romain &
Ten Simple Songs & Lessons

Instruction - Time to Line Up

Practice - Daily

Feedback - In the moment
Creating the School Family

Three Essential Ingredients for School Success

▪ Willingness to Learn
▪ Impulse Control
▪ Attention
I Can Calm Book

Breathing Icons
Book
Video
Embrace Conflict

- Planned Experiences
- In the Moment Feedback
Storytelling

- Explain a Moment in Detail
- Create Positive Narratives
- Mentor text for Problem Solving

Youtube
#7
Provide students opportunities to track, reflect on and share their learning progress
Play Workshop:

Let's make a castle! OK!

Make a plan! Play! Share!

What went well? I like when...
What did you ...  

Play  
Build  
Make
Fostering Responsibility
Setting Children Up for Success
by Marie L. Masterson

- Outdoor Free Play
- Snack & Lunch Times
- Center Time
Questions?
Answers?

Thanks for coming today!