AATH Saturday Business Meeting Minutes
April 13, 2018 • San Diego, CA

Call to Order: President Nila Nielsen, called the meeting to order and explained that the purpose of the annual business meeting is to do a retrospective review of the preceding year. These items are captured within the Annual Report for 2017.

Review of the 2017 Annual Report: Executive Director Kathy Velasco, highlighted sections of the annual report including the milestone of the association’s 30th anniversary and a general overview of the finances and membership of AATH.

Goals for 2017-2018: Nila discussed goals for the current year and how members can help the association improve and grow.

Approval of Annual Reports: Board Secretary Deb Price, called for approval of the minutes of the 2017 Annual Meeting as written: Motion to approve by Beth Slazak. Second by David Jacobson. Treasurer Laurie Young, called for approval of the 2017 Treasurer’s Report as written: Motion to approve by Paul Moore. Second by Deb Price

Recognition of Service: Nila recognized the following retiring board members for their service: Laurie Young, Jae Pierce-Baba, and Paul Moore.

Board Treasurer, Jae Pierce-Baba, Board Director; and Paul Moore, Board Director.

Board of Director Election, Approvals and Affirmations:
Introductions and the appropriate membership approval was gained for the following to serve on the AATH Board of Directors:
  - Jennifer Keith, Director at Large; 2019 Conference Chair (1-year term-affirmed by membership)
  - Beth Usher, Director at Large (3-year term-approved by membership)
  - Don Morrison, Board Treasurer (2-year term-elected by membership)
  - Paul Osincup, President-elect (appointed to fill opening in presidential rotation-affirmed by membership)
  - Beth Slazak, President 2018-19 (re-affirmation of 1-term presidential rotation-affirmed by membership)

Adjourn Meeting: Motion to adjourn: Frank Chindamo; Second by Linnea Heintz
Meeting adjourned: 12:31 p.m. (Pacific time)

THANK YOU!
Many thanks to those individuals and companies who have donated to AATH in the past twelve months with individual contributions, scholarship support donations and sponsorships:
Regina Barreca
Karyn Buxman, CHP
Cancer Treatment Centers of America
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Brenda Elsagher, CHP
Cheryl Fett
Barbara Grapstein, CHP
Johanna Hardy
David Jacobson
Jennifer Keith
Charley & Jill Knox, CHP
Kathy Laurenhue, CHP
Teena Miller
Don and Mary Kay Morrison, CHP
Nila Nielsen, CHP
Don and Aileen Nilsen
Paul Osincup
Deborah Price
Katherine Puckett, CHP
Lenny Ravich
Saranne Rothberg
Joyce Saltman, CHP
Maria Sewell
Steve Sultanoff, CHP
Cheri Trier
Shirley Trout, CHP
Laurie Young, CHP
Donations to Bobbe Lyon Memorial Fund
Donors to Sol Hitzig Memorial Fund

2018-19 AATH Board of Directors
OFFICERS
President Beth Slazak, CHP
President-Elect Paul Osincup
Secretary Deb Price
Treasurer Don Morrison
Past President Mary Kay Morrison, CHP

DIRECTORS
Gurinder Bains
Karyn Buxman, CHP
Debbie Derflinger, CHP
Mallori DeSalie
Harald Ellingsen, CHP
Heidi Hanna, CHP
Jennifer Kehm
Beth Usher, CHP
Megan Werner, CHP

Association for Applied and Therapeutic Humor
220 E. State St., Suite G
Rockford, IL 61104
815.708.6587 • aath.org
A message from the President

It's true that time flies when you’re having fun and this year was no exception for AATH as we support the heart of our mission to serve professionals who study, practice and promote healthy humor and laughter.

We Studied. AATH supported this mission by cultivating humor knowledge and leadership. The Humor Academy provides the pathway to professional certification. Our members are enriched by conference attendance and the quarterly AATH Humor Voice that has become a treasured resource of information.

We Practiced. Throughout our 2018 Annual Conference in San Diego, attendees had the opportunity to learn more about how the practice of healthy humor can impact resiliency in our lives.

We Promoted Healthy Humor and Laughter. The AATH membership continued to provide a strong, creative organizational foundation was enriched with the addition of each new member they encouraged to join.

I thank each of the 2018 Board of Directors for their contribution and the 117 members that endorsed and supported our Association. AATH membership continued to provide a strong, creative organizational foundation was enriched with the addition of each new member they encouraged to join.

Beth Slazak, CHP
AATH President, 2018-2019

New Research Committee
The initial focus of this recently-formed committee will be gathering current research on how humor is being studied in professional settings, providing a newsletter for members that will share research, and build a database on the website. The long term goals of this committee include providing website updates and support for members who are interested in the research and the applications in interdisciplinary fields.

Humor Zoomers
Our membership lives all over the world and keeps pretty busy, so it’s hard to maintain connections between the annual conference. The AATH Membership Committee launched Humor Zoomers in 2018 to help keep your humor connections clicking all year long. Members can meet up live, online with other AATH humor enthusiast friends for facilitated discussions on topics like Using humor in leadership to promote healthy teams. Meetings are held every third Monday evening on Zoom.com and promoted via email.

Professional Partnerships
In early 2018, the PR firm for the pharmaceutical company, SunPharma, contacted the AATH office with an idea. They were working on launching a new psoriasis treatment and wanted to develop a campaign using information on how humor can help psoriasis patients feel better. They asked AATH to partner with them on the project.

The culmination of this twelve-month collaboration is a 22-page eBook titled “Harnessing the Power of Humor: The Science and Therapeutic Benefits of Laughter,” along with three video interviews featuring Karyn Buixman and Paul Osincup. AATH celebrates SunPharma for recognizing the very real role humor plays in medical outcomes and for bringing this research and guidance to their psoriasis community.

Regional Chapters
The Southern California and Midwest Chapters are meeting quarterly in their respective areas now, if not in person, then online.

Since our last Annual Meeting, both Northern Virginia and Orlando, Florida area members have held an initial chapter meeting to gauge interest in ongoing meetings.

AATH … a community of professionals who study, practice, and promote healthy humor and laughter. Making one-to-one connections with like-minded people — for those who love humor, there’s simply no resource like it!
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Beth Slazak, CHP
AATH President, 2018-2019

The past twelve months have been an active period for the association. Here are some of the highlights:

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ASSOCIATION FINANCES
Statement of Activity for the fiscal year ended June 30, 2018

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<thead>
<tr>
<th>INCOME</th>
<th>2017</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions &amp; Grants</td>
<td>$7,570.04</td>
<td>$7,086.21</td>
</tr>
<tr>
<td>Sponsorship Support</td>
<td>$8,345.00</td>
<td>$7,685.00</td>
</tr>
<tr>
<td>Other Income</td>
<td>$103.39</td>
<td>$121.66</td>
</tr>
<tr>
<td><strong>Total Income</strong></td>
<td><strong>$140,034.31</strong></td>
<td><strong>$119,658.28</strong></td>
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<td>Professional Fees</td>
<td>$43,500.00</td>
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AATH's 990 tax filing is available to the public by request.

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AATH

Milestones

A message from the President

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