Making emotional intelligence the way we do business--
from youth worker to CEO to system leader.

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During this session you will...

- Explore key takeaways from an adult Social and Emotional Learning (SEL) initiative in two contexts.
- Become familiar with specific SEL strategies and resources that can be applied to support staff and leaders.
- Engage in processes to support your own SEL during the session.
Opening: Ask me about...

1. Dancing
2. Spanish
3. Ida
Working Agreements

- Show up & be present
- Work to ensure equity of voice
- Pay attention to what has heart and meaning for you
- Assume positive intent and present ideas in a positive frame
- Double Confidentiality: Share only your own story; ask permission to re-open or share another’s story
Atlanta and Anchorage
Anchorage Youth Development Coalition
Second Order Change
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<th>SEL Competency Focus</th>
<th>Catalyzing Topic</th>
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<td>Second Order Change Kickoff!</td>
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Key Session Components

- Inclusive Opening
- Working Agreements
- Reflection on Practice
- Catalyzing Topic
- Contextualize and Personalize
- SEL Competency Focus
- Action Steps
- Optimistic Closing

Image source: casel.org
## Session 4 (of 8)

### Agenda

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<td><em>Come together and connect to last month</em></td>
<td><strong>SEL through the lens of our youth development practice</strong></td>
<td><strong>Wrap-up and prepare for the month ahead</strong></td>
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**Part 1**
- Welcome
- Opening: Ask Me About
- Working Agreements Check In
- Reflection on Practice

**Part 2**
- SEL Competency Focus - Social-Awareness
- Catalyzing Topic - Cultural Responsiveness: *Danger of a Single Story*; Barnga Game
- Lunch
- SEL Skill Reflection

**Part 3**
- Action Steps
- Closing
- Feedback
AYDC SEL Reflection Deck

Social Awareness

- Perspective-Taking
- Empathy
- Appreciating Diversity
- Respect for Others
What we learned
“There was a youth who studied every morning in my office who had made great strides toward finishing his high school diploma, but I noticed my behavior to him started to be very punishing because he wasn't showing up enough, or doing enough work. I started to adjust how I reacted to him and he started coming in more.”

- Second Order Change Participant
What connections do I see between what I have learned so far in this session and my own work?
Questions
One word to describe your experience
Thank you!

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