Transforming Health Narratives to Drive Community Change
Public Health in the Rockies, 2019

**Outdated Stories Activity**

What are some outdated stories in our work around public health?

Who still believes these stories?

What do you see being done to change these stories? How can you play a role?

**Personal Mental Model Activity**

How much of this story is rooted in fact?

How have the cultures you are a part of influenced this?

How has it shifted over time? Any lightbulbs you’re having right now?

How much does your own model apply to our society as a whole?
General Reflections and Notes