**Goals**
- Make ASP a calming place.
- Have youth goals
- Use experiential learning.
- ASP Awareness
- Make ASP fun

**Action Steps**
- No yelling, mutual respect, teach/share behavior/listening skills
- Define goals, individual goals, include behavioral goals.
- Be comfortable w/kids, encourage kids to try, build into lesson plans, practice.
- Seek out local business fundraisers for G.O.T.R., PTA partnership, learn about cooperate sponsorships
- Student of the week, build relationships

**Inputs**
- Staff, Micah
  - All ASP Staff
- Reading groups
  - Erica/Virginia

**Activities**
- Silent signal, Meditation minute
- Review rules every Mon/Friday, Lower Voice Sign, Kid table leaders
- Valentines, Friday makeup homework
- G.O.T.R. encouraging girls to try new exercises
- Erica: seeking out local business
  - Target donations
  - Every Friday

**Outcomes**
- Long/Short Term
  - Relaxed kiddos, less yelling, Mindful
  - Kids actually trying better positive coping skills.
  - Included in every lesson plan, Student led learning
  - Donations from people we know, Chick-fil-AY fundraiser.
  - Engaging activities