What are 2 ways you will fuel your ride with positive energy this year?

1. __________________________________________
2. __________________________________________

“Repetition is the key and the more you focus on positive energy the more it becomes your natural state”

Jon Gordon

E + P = O (Event + Perception = Outcome)

Think of an event that had a negative outcome. Write down the event, how you responded, and the outcome.

(E)vent __________________________________________

(P)erception __________________________________________

(O)utcome __________________________________________

Now copy the same event above, change your perception/response to the event, then predict a new outcome based on your new response.

(E)vent __________________________________________

(P)erception __________________________________________

(O)utcome __________________________________________

Where do you see yourself 5-10 years from now?

________________________________________

________________________________________

________________________________________

________________________________________

________________________________________

What brings you positive energy?

________________________________________

________________________________________

________________________________________

________________________________________

________________________________________
Love is the...

What are 2 ways you will love your passengers this year?

1. ______________________________________
2. ______________________________________
3. ______________________________________
4. ______________________________________
5. ______________________________________

5 ways to love your passengers.

1. ______________________________________
2. ______________________________________
3. ______________________________________
4. ______________________________________
5. ______________________________________

“Desire, vision, and focus move your bus in the right direction.”
Jon Gordon

What do you love about yourself?

Fill out a fuel your ride slip

I would like to fuel (s) ride because:

Send lots of positive energy your way!

www.energybusschools.com