Crisis Assessment, Prevention and Education (CAPE) Decision Tree

School Staff expresses concern about a student

- Refer student to internal resources (Counselors, therapists, SRO’s, Health provider, resource list)
- Student is mildly struggling with academic, social or behavioral functioning in school OR has mild/moderate drug use OR is struggling with mild depression, anxiety or stress
- Student or family requests counseling, student has family issues, student has recent or past trauma
- Student exhibits signs of serious depression, anxiety, possible psychosis AND/OR is engaging in serious self-harm behavior (cutting, burning etc)
- Referal to CAPE
- Student expresses vague suicidal thoughts or feelings
- Student exhibits signs of moderate depression or anxiety, paired with substance use, OR has multiple warning signs or symptoms, AND/OR has significant unexplained changes in behavior
- Student has active suicidal thoughts AND/OR recently made an attempt, is ambivalent about living/dying, feels unsafe with themself
- Student's serious mental health symptoms affecting their ability to care for themselves, active psychosis, hearing voices, seeing things, severe depression or anxiety, AND/OR homicidal thoughts
- CAPE Crisis Call
- Student engaged in recent self-harm AND/OR has serious symptoms of depression or anxiety
- There is a weapon involved
- Call 911
- There is immediate danger to the person (student may have made a suicide attempt by overdose or other self-harm that requires medical attention)