SCHOOL BASED PROGRAMS

FREE PREVENTING CHILD SEXUAL ABUSE: ONLINE PARENT COURSE

FREE PREVENTING CHILD ABUSE: ADULTS WORKING WITH YOUTH ONLINE COURSE

SCHOOL BASED CHILD ABUSE PREVENTION

BULLYING PREVENTION

INTERNET SAFETY

HEALTHY RELATIONSHIPS

SHAKEN BABY SYNDROME

To schedule a presentation with Prevent Child Abuse Utah please contact us at: gknight@pcautah.org
Preventing Child Sexual Abuse: 
**Online Parent Course** ................................................................. 30 Minutes
This training teaches parents how to prevent child sexual abuse by identifying grooming behaviors and tactics used by perpetrators. Parents also learn how to respond to disclosures of sexual abuse, in addition to reporting suspected abuse. This course meets the requirements of Utah’s Child Sexual Abuse Prevention Training Law (HB286).

Preventing Child Abuse: 
**Adults Working with Youth Online Course** ............................................................. 40 Minutes
This training focuses on the signs, symptoms and dynamics of child abuse including physical abuse, emotional abuse, sexual abuse and neglect. Perpetrators, the grooming cycle and how to report suspected abuse are also discussed. This course meets the requirements of Utah’s Child Sexual Abuse Prevention Training Law (HB 286).

School Based Child Abuse Prevention (K–12 GRADE) ....... 2 Days/30-60 Minutes Each Day
The PCAU school based prevention program deals with all aspects of child abuse including sexual, physical, emotional and neglect. The presentation consists of classroom discussion, visual aids, videos and interactive activities such as role playing. The content focuses on specific core curriculum objectives designed to increase a student’s knowledge about what constitutes child abuse. Students learn why, where and how to report child abuse, as well as who they can talk to if they, or someone they know, is being abused. This curriculum is approved by the Utah Board of Education and the Utah Department of Human Services.

Bullying Prevention (K–12 GRADE) ................................. 1 Day/30-45 Minutes
This training is designed to empower children to stand up to bullies by discussing the different types of behavior defined as bullying. Children learn safety strategies to use if targeted by a bully, as well as the importance of witness/bystander behavior. This training also includes a self-esteem activity, stories and various role play scenarios.

Internet Safety (3–12 GRADE) .............................................. 1 Day/30-45 Minutes
This program utilizes the NetSmartz interactive curriculum to teach students how to be safe on the Internet. Students are taught safety strategies that can be used when interacting with different types of social media. Real life stories are presented to illustrate the importance of not sharing personal information. Students are also taught how to report concerns if they are experiencing social media safety issues.

Healthy Relationships (7–12 GRADE) ................................. 1 Day/45 Minutes
This presentation is designed for secondary school students. It is an interactive program that teaches teens to be aware of the warning signs of a violent or controlling relationship. It also promotes understanding of what constitutes a healthy, positive dating experience. Video clips, news articles and real life examples are used to help illustrate the various ways that someone can have power and control over another person.

Shaken Baby Syndrome (7–12 GRADE) ................................. 1 Day/45 Minutes
This program focuses on a particular form of physical child abuse known as Shaken Baby Syndrome. It is designed to help secondary students understand the consequences of shaking a baby while learning appropriate coping skills when dealing with infants. The documentary “Elijah’s Story” is viewed during this presentation. This documentary follows the story of Elijah’s family including his birth, the 911 emergency phone call and eventual legal consequences.