Youth & Family Services

Our programs are designed to support refugee and immigrant youth and their families to improve academic performance, build social skills, foster leadership, and equip parents with tools for happy families.

Refugee & Immigrant Families
Refugee and immigrant youth often have a hard time adjusting to American schools and society due to differences in culture, a background of trauma and loss, and a lack of experience with a new social environment. The majority of the refugee youth we serve face a large educational gap, which is very difficult to bridge.

Parents, who traditionally support, guide, and provide discipline for their children, are going through the same transitional process as their children. Parents themselves are learning a new language, seeking stable employment, and trying to learn American culture. Strain on families can lead to behavioral problems, academic failure, and inappropriate or ineffective parenting techniques.

Our Services

After School Programs
After school programs provide social skills building, academic assistance, and leadership opportunities. Our goal is to help all our participants succeed in school. Our current programs are:

- Evergreen Junior High
- Leaders and Counselors in Training (LCIT)
- Sunnyvale Neighborhood Center Elementary Program
- Sunnyvale Neighborhood Center Teen Program
- Olympus High School
- Northwest Middle School

Parenting Programs
We support parents and improve family relationships through two evidence-based parenting programs:

- DARE to Be You, for families with young children, brings parents and children together to learn about healthy parenting and family relationships
- Parenting Wisely, for parents of adolescents, strengthens families through effective parenting skills, development of parent confidence, and family trust

Adolescent Capacity and Empowerment (ACE) Program
Our program offers intensive case management for youth, ages 11-17, who are at risk for dropping out of school or becoming involved in the criminal justice system. By working closely with schools and other community partners, we develop plans and find resources to get students back on track for success in school and life.

Referrals/Contact

Youth & Family Services Supervisor
Peter Frost, CSW
Phone: (801) 412-0578
peterf@aau-slc.org