Workforce development in the modern era: How age savvy are you?

Consciousness-Raising Group Activity:
1. What makes you see someone else as old or young?

2. How do you envision the last third of life?

What is ageism?
What are common age stereotypes?

What is aging?

Facts on Aging:
How many older people live in a nursing home?

How many people 65 or older have a disability?

How many older people have Alzheimer’s disease?

What percentage of people 85 and older live independently?

What are the effects of ageism?
Mental Health

Physical Health

Economic well being
What are some strategies to reduce ageism in young people?

Provide accurate information about aging

Consciousness-Raising activities

Diverse exposure

Projects

Resources:

Intergeneration learning activities: Aging
http://www.gu.org/RESOURCES/LearningActivities/IntergenerationalLearningActivitiesAging.aspx

Intergenerational Center: Tool Kits and Manuals
http://www.gu.org/RESOURCES/IntergenerationalCenter/ToolkitsandManuals.aspx

Intergenerational Relations
http://igrow.org/healthy-families/aging/intergenerational-relations/

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